

JULY 2025



ST. AGNES HOME

Carmelite Sisters of the Divine Heart of Jesus

A Message from Sr. Anna Maria Provincial Superior

Thank you for your prayers for all the sisters on retreat! On July 1st, we have the great joy of witnessing **Sr. M. Anunciata Grace** as she freely surrenders herself in union with our Lord and enters for the first time into her vows of Poverty, Chastity, and Obedience. Additionally, **Sr. M. Magdalene Therese** and **Sr. Mariana Joy** will renew their vows for another year. **Sr. M. Angela Therese of the Holy Family** will celebrate her 75th anniversary of being in vows! On July 2nd, the foundation day of the Carmelite Sisters of the Divine Heart of Jesus, **Sr. M. Alicia de los Angeles de la Sagrada Familia** will give her ultimate fiat to her Divine Bridegroom and profess her Final Vows.

With these exciting events taking place, I am encouraged to reflect on the reason and meaning behind the vows we take. Matthew 6:24 “No one can serve two masters. He will either hate one and love the other or be devoted to one and despise the other.” Who are the two masters in Religious Life? Each of us must choose between serving God or serving ourselves. From the moment we say, “I vow to the Holy Triune God Poverty, Chastity, and Obedience,” we are renouncing ourselves and choosing God above our ability to possess goods, have an earthly family and make our own decisions. Some may consider this way of life “stifling” or “unfair”, but the call always originates from Our Lord. Each sister freely chooses to respond in complete love. There is nothing on earth that is not worth giving up for Jesus, and He promises to repay us a hundred-fold in this life and the next.

In a sister’s vow of poverty, she is saved from the folly of becoming a slave to earthly pleasures. In her vow of chastity, she gives up a human love to have her heart expanded by Divine love into being a mother of *all* of God’s children. Her vow of obedience, far from requiring her to stifle her dreams and desires, becomes the instrument which builds God’s kingdom through the will of the Father.

I often hear comments of people exclaiming in surprise: “You are so joyful!” or “The community is always smiling. I just want to be around you!” Our joy comes from our knowledge that we are not our own master, but that we have freely surrendered ourselves to the Divine Master. I invite you to rejoice with each of us as we celebrate another milestone of our “yes” to God.

Blessings on your 4th of July and summer fun!

"No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other." Matthew 6:24

NOTES FROM ADMINISTRATION

Greetings from the Administrator!

I want to share some thoughts and appreciation that have been top of mind for me lately. Over the past few weeks, I’ve spent considerable time reviewing our annual staff evaluations, and I’ve come away from the process with a deep sense of gratitude.



We are truly fortunate at St. Agnes Home to have such a dedicated and compassionate team. Many of our employees have been with us for years, consistently demonstrating the kind of care, consistency, and commitment that makes St. Agnes Home a HOME. Their longevity speaks volumes about their love for what they do. At the same time, we’ve welcomed some new faces over the past year who are already making a positive impact and I’m excited to see how they continue to grow with us.

In addition to our front line team members, our Leadership Team is truly top-notch—among the very best in the industry—and I’m honored to work alongside them every day. My heartfelt thanks to the all the Residents who choose to make St. Agnes Home their HOME. Your trust means everything to us.

Blessings to you all,
Angela Ruppel, Administrator



St. Agnes Home and Carmelite Child Development Center have been the blessed recipients of over 140 hours of hard, mostly outdoor, work by SLUH’s rising Sophomores. As part of their summer Theology class which some students choose to take, they are required to have 10 hours of service. Many selected St. Agnes Home for their volunteer time, and we are keeping them busy beautifying our property. It is a lot of coordination to have projects to accommodate them all, but the list of their accomplishments has been amazing. Some examples of their work are: powerwashing (photo below), pulling weeds, weeds and more weeds, washing cars, juggling for residents (photo below), picking up branches that came down in past storms, bird poop removal, trimming bushes, and organizing dry goods for dietary. Using the golf cart to complete many of the tasks was a perk of the job! Thank you SLUH for providing this opportunity to the young men and us!



Chaplain's Corner

The desire to pray is planted deep within us. It is our desire to speak to God, and even more important to listen to him. Prayer is not designed to change God's mind or to tell him something he does not know. In one of the prayers most familiar to us --- the Lord's Prayer --- which we know as the Our Father --- we strive to do His will in all things and at all times. As St. Cyprian says, "God wants us to be in intimate contact with Him."



Pope Francis commenting on this tells us: The phrase "Our Father who art in heaven refers to God's greatness --- He is the first --- He is the great --- and He is the one who made us. Heaven represents the Immensity of His power --- His love -- and His beauty.

The Father wants to be close and desires to be present --- not controlling --- He is the one Jesus speaks of in Matthew 10:18 ---- He is the only one who can be called Good. Like the father of the prodigal son who stands at the door and waits for his son to return, God the "good father" knows how to wait and knows how to forgive with tenderness.

Hallowed be thy Name: The Father's name should be hallowed ---- it should be honored in us. Yet some live as if without faith and do not believe. It is like people who send their children to a Catholic School but never take them to Church.

Christian prayer is first a matter of making room for God, allowing Him to manifest His holiness in us and exercise that holiness and presence in our lives.

Archbishop Carlson

PRAY

Andrea in Activities



Here in Activities, July is bringing about lots of fun and a change or two!

For starters, we'll continue to be blessed with new high school volunteers throughout July. So, if you ever need help with something, please reach out, and I'll put them to work for you!

We're hoping to resume our bus outings with a lunch trip to Bandana's BBQ towards the end of the month, but the bus is still out at the repair shop. So, we're waiting to hear back before picking a date. However, one of the changes being implemented is a cut-off time on signing up for our trips. "Day of" additions are hard to coordinate in the midst of everything else we need to get ready, especially for morning rides or food outings. So, if you want to go, please sign up by 4:30 pm the day before. Thanks for understanding! I can't wait to get back on the road with all of you!

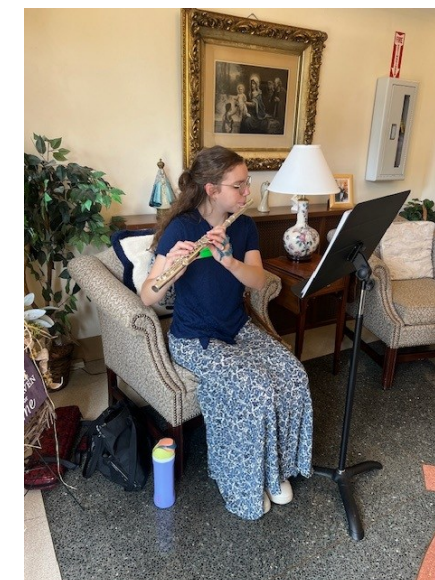
After our presentation about Marian Apparitions in May, we had interest in beginning a new video series going deeper into that topic. We'll be adding that to our monthly rotation with our first video being shown on Tuesday, July 15. Come grow in your knowledge and love of Our Lady, and make sure to bring a friend!

Also, fulfilling a few more resident requests, we'll be starting Bridge up again on Friday the 11th, and we'll be showing The Sound of Music on Saturday the 26th. Now, since it's a longer movie, we'll be showing it in two parts that day, one in the morning and one in the afternoon. If that format works out, we may start showing more movies that way, like Ben Hur or The Ten Commandments. We'll see!

Lastly, we are still searching for a full-time Activities assistant. Continue to ask St. Joseph, especially in his role as the patron saint of workers, to send us one! After all, he brought me here so I'm sure he can bring the next zany addition to our team, too!

Have a blessed July, everybody!

Check out these amazing high school volunteers sharing their talents at St. Agnes Home!



Marianne from St. Dominic High School



Reilly from Cor Jesu Academy



Nursing Notes

By: Sr. Mary Faustina, RN, Director of Nursing

Greetings from the Nursing Department

Congratulations to Caitlin Struckhoff for finishing her nursing education. She has passed NCEX (Boards) and is now a RN. Caitlin has been working as a CNA in the evenings caring for our residents in the Care Center. Her journey is leading her to work in the hospital, but still picks up shifts at St. Agnes Home. We are so proud of her!

We have two other new graduate nurses preparing to take boards. Also, two of our nurses are preparing to take boards, while two continuing their education towards RN degrees. Six of our CNA/CMT's are entering Nursing school. Please keep them all in your prayers.

Summer arrived with bright sunshine, fresh air and HEAT. This is a courtesy reminder to drink plenty of fluids. Eight glasses of non-caffeine liquids a day are recommended. Caffeine is a natural diarrhetic which leads to losing fluids instead of replenishing the body. It is also suggested to drink fluids earlier in the day to build the body up and avoid night wake-ups. It might be tempting to assume that if you are older and stay inside most of the day, you don't need as much water. Unfortunately, that is incorrect. Fluid/water are lost in subtle ways, so please take the extra effort to drink water, lemonade or your other favorite, non-caffeinated beverages.

Summer is also a lively time for families and activities, but it is good to balance it with quiet time. The Sisters have a weeklong, silent Retreat once a year. The stepping back, in silence, is necessary to reset the interior parts of our souls. We greatly recommend it for all. While on retreat, we keep you all in our prayers in a special way.

God bless you all and have a beautiful summer.

Ten Cor Jesu Academy rising Seniors are spending volunteer time at St. Agnes Home this summer as a requirement for their LASTing project. Each young lady will be here for forty hours working side-by-side with our Activities Department and helping out at dinner in the dining room. We value their extra hands and enthusiasm. You can spot them in their Cor Jesu uniforms gracing the St. Agnes Home hallways. Our residents LOVE when the high school students are here! CJ volunteer, Reilly, also a CCDC graduate, is pictured on the previous page entertaining the residents on guitar.



July 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
29	30	1	2
	7:00 Mass 9:30 Exercise 10:00 Pictionary 1:15 Rosary 2:15 Movie - One Life	7:00 Mass 9:30 Exercise - ML 10:00 Rummikub - ML 1:15 Rosary & Perpetual Help 2:15 Horserace Game - ML	9:30 Exercise - ML 11:00 Mass of Praise 1:15 Rosary 2:15 Cookies & Cream ML
6	7	8	9
9:00 Mass 10:00 Coffee & Doughnuts	7:00 Mass 9:30 Exercise 10:00 Needlework Club 1:15 Rosary 2:00 Popsicles in Courtyard	7:00 Mass 9:30 Exercise 10:00 Patriotic Song Along 1:15 Rosary & Perpetual Help 2:15 Movie - Fireproof	7:00 Mass 9:30 Exercise 10:00 Group Choir 1:15 Rosary 2:15 Bingo
13	14	15	16
9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	7:00 Mass 9:30 Exercise 10:00 Needlework Club 1:15 Rosary 2:00 Movie - Manhattan Melodrama	7:00 Mass 9:30 Exercise 10:00 Marian Apparition Video Series 1:15 Rosary & Perpetual Help 2:15 Twister Trivia	Our Lady of Mt. Carmel 9:00 Mass 1:15 Rosary 2:15 Bingo
20	21	22	23
9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	7:00 Mass 9:30 Exercise 10:00 Needlework Club 1:15 Rosary 2:00 Painting	St. Mary Magdalene 7:00 Mass 9:30 Exercise 10:00 Lives of the Saints 1:15 Rosary & Perpetual Help-ML 2:15 Virtual Vacation	7:00 Mass 9:30 Exercise 10:00 Live Music 1:15 Rosary 2:15 Bingo
27	28	29	30
9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	7:00 Mass 9:30 Exercise 10:00 Needlework Club 1:15 Rosary 2:15 Cooking Demo	7:00 Mass 9:30 Exercise 10:00 Bowling 1:15 Rosary & Perpetual Help 2:15 Resident Council 2:45 Food Council	7:00 Mass 9:30 Exercise 10:00 Dominoes 1:15 Rosary 2:15 Bingo

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ML Profession Lemonade -	3 7:00 Mass 9:30 Exercise 10:00 4th of July Crafts 1:15 Rosary 2:15 Bingo	4 Independence Day 9:00 First Friday Mass Followed by Adoration 11:00 Rosary 3:00 Happy Hour - Video 4:45 Vespers & Benediction	5 8:30 Chaplet of Divine Mercy 9:00 First Saturday Mass 10:30 Confessions 2:00 Footprints of God 4:30 Fatima Devotions
crossword	10 7:00 Mass 9:30 Exercise 10:00 Balloon Volleyball 1:15 Rosary 2:00 Prize Auction	11 7:00 Mass 9:30 Exercise 10:00 Bridge & UNO 1:15 Rosary 3:00 Happy Hour - Gene T.	12 8:30 Rosary 9:00 Mass 10:30 Bingo with the Order of Malta 2:00 Saintly Cinema
St. Carmel	17 7:00 Mass 9:30 Exercise 10:00 TBD 1:15 Rosary 2:00 Scrabble - ML	18 7:00 Mass 9:30 Exercise 10:00 Mini Golf 1:15 Rosary 3:00 Happy Hour - Marty A.	19 8:30 Rosary 9:00 Mass 10:30 Confessions 2:00 Footprints of God
e - John R.	24 7:00 Mass 9:30 Exercise 10:00 Book Club 10:30 Library Visit 1:15 Rosary 2:00 Ice Cream Social	25 St. James, Apostle 7:00 Mass 9:30 Exercise 10:00 Wheel of Forunte 1:15 Rosary 3:00 Happy Hour - Lauren A.	26 Sta. Joachim & Anne 8:30 Rosary 9:00 Mass 10:00 Sound of Music, Pt 1 2:00 Sound of Music, Pt 2
s	31 7:00 Mass 9:30 Exercise 10:00 TBD 1:15 Rosary 2:00 Movie - Persuasion	1 PLEASE USE THIS AS A GUIDE. SEE WEEKLY ACTIVITY SHEET FOR CHANGES AND ADDITIONS.	2

Mass Intentions for July 2025
 St. Agnes Home Chapel

- Morning Mass (7:00 AM): For Sr. Mary Joseph – RIP
Profession Mass (4:00 PM): For Sr. M. Anunciata Grace, Sr. M. Magdalene Therese, Sr. Mariana Joy, and Sr. M. Angela Therese of the Holy Family
- Foundation Day of Carmel DCJ:** For Sr. M. Alicia de los Angeles
- For the intentions of Mother Karla Marija and the General Council and Sr. Anna Maria and the Provincial Council
- First Friday, Independence Day:** For our living and deceased benefactors, and for our deceased residents
- First Saturday:** For an increase in vocations to the priesthood and religious life
- 14th Sunday of Ordinary Time:** For the intentions of residents, children, families, and staff of St. Agnes Home and Carmelite Child Development Center
- For Fr. Vincent Kim – RIP
- For Jean Paul Torno – RIP (Requested by Lou)
- For Archbishop Carlson’s Intentions*
- For Joan Hennessey – RIP (Requested by Mary Jo and Bob)
- For Sr. M. Benedicta (Nameday)
- For employees with birthdays this month: Emily, Lara, Sayonna, Andrea, Gwen, Emma, Erica, Maddie, Mary, Sharon, Trent
- 15th Sunday in Ordinary Time:** For children and residents with birthdays this month: James, Luke, Dorothy, Roseanne, Audrey, Bill, Carmine, Msgr. Jovanovic, Gene, Mary Margaret, Barbara, Frances, Shirley, Betty
- Bud Svoda (Requested by Carol)
- For Sr. M. Longina – RIP
- Our Lady of Mouth Carmel:** For Sr. Maria Carmelita (Nameday)
- For Archbishop Carlson’s Intentions*
- John Romito – RIP (Requested by Tom, Sandy, and Family)
- For our living and deceased benefactors
- 16th Sunday in Ordinary Time:** For the canonization of Bl. Maria Teresa of St. Joseph
- Don and Nancy Ross (Requested by Peter)
- For Sr. M. Magdalene Therese (Nameday)
- For Sr. M. Immaculata (Nameday)
- For Archbishop Carlson’s Intention*
- For an increase in vocations to the priesthood and religious life
- For Raymond Kreienkamp – RIP (Requested by Olga)
- 17th Sunday in Ordinary Time:** For the Leonard/Sucher Family (Requested by Mike and Jackie)
- For Sr. Maria Josefa
- Mary Metzger – RIP (Requested by Jan and Don)
- Jean Paul Torno – RIP (Requested by Ann)
- Aileen Huck (Requested by Kathy)

Mass Intentions for July 2025
 Bishop John Gaydos

- For Sr. M. Anunciata Grace
- For Sr. M. Angela Therese of the Holy Family

Suggested Mass stipend is \$10.00.
 Inquire at the front desk for mass intentions. Please note that every attempt is made to honor mass intentions for specific dates or months. However, due to the number of requests, this is not always possible.
 Thank you for understanding!

By Nicole Winfield | The Associated Press • Published June 13

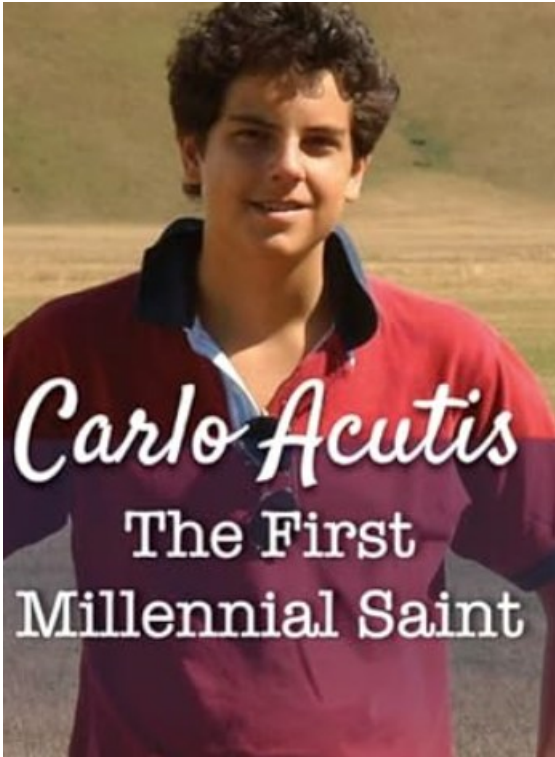
Pope Leo XIV on Friday set Sept. 7 as the re-scheduled date to canonize the Catholic Church's first millennial-era saint, Carlo Acutis, in what is expected to be Leo's first saint-making ceremony as well.

Acutis' canonization was originally scheduled for April 27, but was postponed following the death of Pope Francis on April 21.

Acutis was 15 when he died in northern Italy in 2006, after a short bout with leukemia. He has become enormously popular especially among young Catholics who have been flocking to his tomb in Assisi.

While he enjoyed regular pastimes for his age — hiking, video games and joking around with friends — he also taught catechism in a local parish and did outreach to the homeless. He used his computer skills to create an online exhibit about more than 100 eucharistic miracles recognized by the church over many centuries.

His tomb in Assisi has become a pilgrimage site especially during the 2025 Holy Year underway. It features a glass coffin in which Acutis can be seen dressed in sneakers, jeans and a sweatshirt.



St. Agnes Home Liturgical Schedule

Mass Times

Monday - Friday ~ 7:00 AM
Saturday/Sunday/First Friday ~ 9:00 AM
Special Feast Days & Holidays ~ see
Activity Calendar

Rosary

Monday - Friday ~ 1:15 PM
Saturday ~ 8:30 AM before mass

Fatima Devotions

1st Saturday of the Month ~ 4:30 PM

Perpetual Help Devotions

Tuesdays ~ 6:30 PM

Adoration

First Friday ~ After 9:00 AM Mass until 4:45 PM
Benediction
Sundays ~ 1:00 PM until 4:15 Vespers &
Benediction
(No Adoration on the Sunday following
First Friday)

Liturgical Schedule subject to change. See
Weekly Activities Sheet.

**Tune in to Channel 6 to watch
Mass and devotions live.**



Horacio "Mike" d. has enjoyed a wonderful life. He was born in China, then went to Portugal for high school then moved to Boston for college. Mike went into the Army and was stationed at Ft. Dix and Ft. Wadworth His job with McDonnell Aircraft brought him to St. Louis. He was an engineer for McDonell Douglas for most of his life. McDonell Douglas eventually became the Boeing that we know today. He also is interested in Japanese aircrafts and has one on his bedside table. Mike was married in 1959 at St. Roch's in St. Louis.

After being asked about an exciting moment in his life, he told one of the most interesting stories that I've ever heard. It was around 6 o'clock after dinner when he was sitting in the living room with his family. All a sudden they heard a very loud noise. When they looked up, they saw two headlights staring down at them. A car had run straight into their home. To make things even crazier, it happened on April Fool's Day, so when a neighbor called one of the news outlets, they thought that it was a prank. That is just a little glimpse into the life of Mike d.



Loretta C. came from a very small town in Kansas. For a fourth-grade project she had to count the population with her classmates, and it came to a very low number of 189 people. Despite her small roots, she has a wonderful large family with five children, 18 grandchildren, and 17 great-grandchildren, with two more on the way. Loretta went to SLU to get her nursing degree and met her husband there. He was a med student, and they fell for each other quickly. She practiced nursing for about a year before she had her first son. She seems to have inspired a few of her grandchildren into getting their own nursing degrees as well. As a child, her favorite hobby was horseback riding on her own horse named Chiquita. Her favorite vacation spot is any place in Florida, but her favorite places are Tampa and Naples because of the sun and beaches. The clouds never last for long and she was able to quickly enjoy the sun soon enough after the clouds.



ST. AGNES HOME RECOGNITION PROGRAMS



Employee of the Month recognizes employees who exemplify what it means to be “warmed by HIS love” and provide exceptional care and service to the Home, the residents and each other. Their daily efforts show that they remember to “See God in all; Serve God in all; and, Love God in all.”

Jacqueline Shumpert
Nursing



Jacqueline’s name will be added to the Employee of the Month plaque. She will have a special parking spot on our premises and she will receive a gift card prize.
Congratulations, Jacqueline!



Teamwork Makes the Dreamwork Spot Recognition

Receiver's Name: _____

Giver's Name: _____

Department: _____

What did this employee do to show that "Teamwork Makes the Dreamwork?"

The employee receiving the form should place it in the recognition box near the front desk or the employee breakroom by the timeclock.
Three winners will receive \$25 gift cards.

July winners: *Congratulations to the following employees who won \$25 gift cards for showing that Teamwork Makes the Dreamwork:*

Alice James	Dietary	Always kind, pleasant, cheerful and patient to residents
Maureen Adory	Nursing	Having excellent, essential documentation
Amy Marshall	Nursing	Extra efforts to document important information

RESIDENTS:

Fran S.	01
Gladys Carmine M.	10
Shirley W.	12
Roseann N.	16
Msgr. Robert J.	18
Audrey F.	18
Gene Z.	27
Mary Margaret B.	27
Dorothy E.	28
Betty F.	29
Bill S.	30



EMPLOYEES:

Lara K.	02
Andrea P.	03
Sayonna F.	03
Gwen Y.	04
Erica H.	09
Emma F.	09
Maddie C.	10
Mary T.	14
Sharon B.	15
Trent J.	22

welcome home

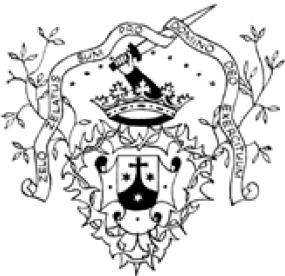
To our newest residents:

Virginia K.
Marianne T.

We express our heartfelt sympathy to the family and friends of our resident who has passed away:

Anne Weiss

May her soul and the souls of all the faithful departed, through the mercy of God, rest in peace.



Carmelite Sisters of the Divine Heart of Jesus
St. Agnes Home
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(314) 965 - 7616
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