

September, 2025



ST. AGNES HOME

Carmelite Sisters of the Divine Heart of Jesus

A Message from Sr. Anna Maria Provincial Superior

JMJT

Have you ever felt inside that you have to know it all? Have you heard that familiar voice in your head saying, “You’re worthless”, or “I can’t let them see my weakness”? These are common lies spoken in the hearts of us all. For example, an adult woman might be scared of the dark, but not be able to acknowledge it to others. A man might refuse to feel the depths of his sorrow in order to avoid shedding tears in front of others. As Children, it was easy to acknowledge when we needed help and run to the one who would provide for us. However, the freedom of childhood is inevitably squelched when a trusted loved one scorns their need and makes them feel like it is a weakness which needs to be overcome.

We are all unfinished. Often, the rough edges inside of ourselves scare us and we try to pretend that they are not there. It is easier to bury our weakness in work or proving ourselves rather than vulnerably admitting that we need help from God and from others. The grace of our baptism gives us the strength to utterly surrender our weaknesses to God, even to the point of a painful separation between our grasp and the coping mechanisms we hold on to. God transforms the weakness in the very act of surrender to Him and restores our original Baptismal identity of being His child. Once we know who we are in the eyes of God, our weaknesses become precious to us.

We are unfinished creatures, and we do ourselves an injustice by trying to declare ourselves “finished”. Each moment of each day presents us with the choice to live out our identity as a child dependent on God or live out of the lies that our will has chosen to believe. We must cease to run from ourselves or cling to distractions around us from the pain within. Slowly, the silence of the Lord’s love must permeate our hearts. This seems like a very difficult process, but it is very simple. We just have to rest in the arms of God as easily as a child asleep on his mother’s shoulder. When resistance occurs, we have to look at the places that we were not allowed to be a child and let the Lord restore our trust.

Please keep **Sr. M. Angela Therese** in your prayers, as she embarks on a 9-month course at the Pontifical University of St. Thomas Aquinas – Angelicum in Rome, Italy. She will be leaving us September 25, 2025, and return at the end of June, 2026. During this time, she will have the opportunity to grow even more deeply into her spiritual and academic life, and encounter many other religious from all over the world. We will miss her very much but await to hear the many stories and experiences she will have these next nine months. God Bless You! Sr. Anna Maria



Notes from Administration

Greetings from the Administrator,

This past week part of the Leadership Team at St. Agnes Home attended a retreat hosted by some of the Carmelite Sisters. With such generosity, the Sisters planned every detail and wanted our experience to be just perfect —and indeed, it was! Our retreat was held overnight in Dittmer, MO and was full of nature, peace, laughter, prayer, games, reflection and delicious food.

We, as leaders, are truly fortunate and deeply blessed to have the Carmelite Sisters working, supporting and praying with and for us every day.

I returned from this retreat reminded how blessed I am to be a part of St. Agnes Home and so extremely grateful for our Sisters! A special thank you to Sr. Magdalene Therese and Sr. Anunciata Grace who led the retreat. Sr. Mary Michael, Sr. Anna Maria, Sr. Mariana Joy and Sr. John Paul all took part in their unique ways, helping to make the experience so very special!

Peace to All,
Angela Ruppel



Thank you to Deacon Sigillito and all the other gardeners who have been dropping off home grown vegetables and fruits for the Carmelite Sisters and St. Agnes Home.

There's **NOTHING** like home grown produce!



Chaplain's Corner



OPENING OURSELVES TO GOD'S LOVE

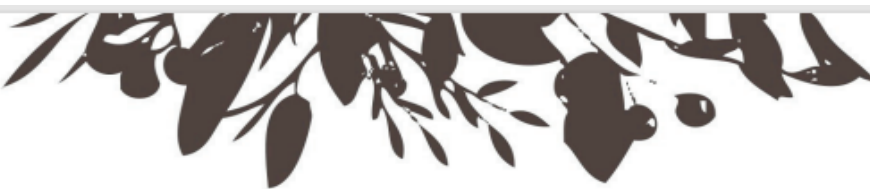
When we reflect on God's love for us the question is really about our willingness to surrender. Now if one is talking about St John of the Cross or even St. Teresa of Lisieux we can understand this concept, but how about you or how about me. How many of us in challenging circumstances --- growing up --- or in marriage -- or with our health --- or with our children --- have suffered and looking back know it made us stronger.

St John Paul II gave us a great example of this in the assassination attempt and in his illness --- indeed for him it was redemptive --- and Jesus teaches us that suffering is redemptive in the Paschal Mystery. God would never allow evil to occur if he had not, thanks to his perfect goodness been able to use it. God is active love ---there is not a single moment when God is not communicating himself to us. we seek him in the great things, but He tends to communicate Himself in the small.

His guidance becomes glorious in the one who trusts God.

There s a great example in the words of Charles de Foucauld: "Whatever you do with me, I thank you. I am ready for everything. I consent to all." Remember this does not happen automatically, but costs a lot of blood and tears and a powerful prayer life.

Growing in holiness we surrender ourselves and allow God to use us. Recently I saw this in the life of a Religious Sister who was happy and successful in one assignment. She surrendered it all, to move to a place she had never been. She took up a completely new ministry different from the training she had received in response to God's call. What is God asking of us right now?



Join the Carmelite Sisters of the Divine Heart of Jesus for

TASTE OF CARMEL

Gala

October | 18 | 2025

Benefitting the work of the Sisters.

Individual Tickets \$1,000 Tables of 8 or 10 also available.

This year's event is being held in honor of the Sisters' life of prayer in the heart of the church and Sr. M. Theresia of the Most Holy Trinity.

Sr. M. Theresia, a Carmelite Sister D.C.J., who died in St. Louis in 1926 and is a Servant of God, meaning that she is in the early stages of the process of canonization.

The funds raised from this year's Taste of Carmel Gala will be used to benefit much-needed chapel and convent renovations. In addition to remodeling the current chapel, the funds will be used to build a side chapel where Sr. M. Theresia's body will be interred as her cause of sanctity progresses in Rome.

Saturday, October 18, 2025
4:30pm Mass - St. Agnes Chapel
6pm Gala Old Warson Country Club



To purchase tickets, make a donation, inquire about sponsorship opportunities, or for more information, contact gala@carmelitedjc.org or 314.477.2872.

**ARCHBISHOP
ROBERT CARLSON**

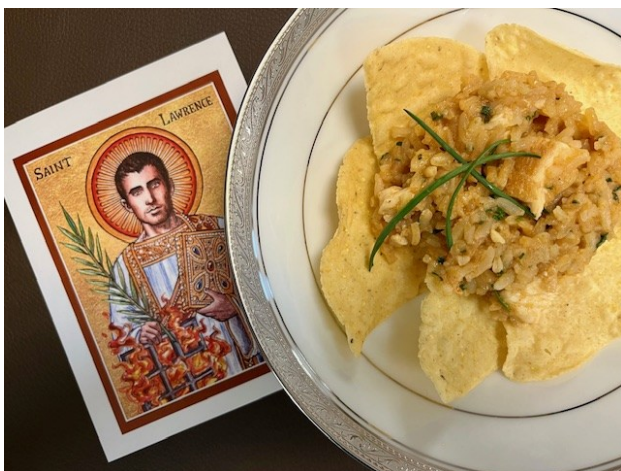
Activities

by Andrea Paszkiewicz, Activities Director

Upcoming Activity Highlights:

What: *Cardinals Day* -- Bob McMullen, a great storyteller who used to work for Kirkwood Library, will be bringing in some Cardinals memorabilia and talking all things baseball with us! We'll also play some Cardinals trivia, watch some historic highlights, enjoy ballpark snacks, and join together in a rousing version of "Take Me Out to the Ballgame" Please come and show your St. Louis spirit!

When: Wednesday, Sept 24, at 10:30am in the Social Hall



For our inaugural session of 'Eating with the Saints', residents sampled a classic Spanish dish of Arroz con Pollo and learned all about St. Lawrence, a 3rd Century Spanish deacon and martyr. Special thanks to Christian Miller, our Dietary Director for being our guest chef.



Eating with the Saints

OKTOBERFEST



• FOOD • MUSIC •
DANCING

A TIMELESS AND DON'T MISS
ST. AGNES HOME
TRADITION CONTINUES!

Join us for fellowship, food, drinks,
German music, and dancing!

Date: Thursday, October 23rd
Time: 5:30–7:30 p.m. in the St.
Agnes Home Social Hall
Due to space restrictions, at this
time, each resident is limited to
only two guests.

Cost: \$10 per person.

RSVP by calling 314-965-7616 or
stop by the Reception desk to RSVP
and pay. For your convenience, you
may also pay the night of the event
by cash or check.

DEADLINE to RSVP: Monday,
October 13th.

Please discuss the event with your family to ensure
there are not more than two guests attending.

Nursing Notes

We hope you enjoyed your summer. September is starting already, and with it comes the usual routine of Flu vaccines. Symbria Pharmacy will be here on September 22, 2025, from 9 am to 3pm to administer the Influenza vaccine and COVID booster vaccine.

The nursing staff members will be contacting residents and their POA's to sign the permission forms. The forms need to be signed prior to receiving the vaccine. Also, if a resident would like to receive the RSV vaccine, please let Sr. Mareena or Sr Mary Faustina know. It is also ordered through Symbria and billed through insurance. The vaccinations are recommended for our residents as they are at higher risk since they live in a close community and have other health issues.

The other day, a resident was overheard greeting her visitor saying "Welcome to Heaven's waiting room". Of course this caused me to smile, but later reflect. At times, residents comment about living a long life. It may also include comments such as: "Why does God let me live so long?" "What else does He want me to do?" "What is the purpose of such a long life?" The comments are not said in the context of depression, but of questioning. "I have done all that I am supposed to have done, what more is there to do?" "I have finished my mission on earth." It sounds like one who received a commission or task and it is completed. A job well done and completed. It is as though they have a sense of completion. Yet, in living with the 'older generation' (not 'elderly' as I have been taught) "One is not old until they are over 100." There is so much they are still doing. The younger generation treasures conversations with the older ones. These are the grandchildren, our visitors, and our staff who look forward to talking with the residents and learning. The listening ears of grandparents are very different than the listening ears of parents or friends. Our residents teach us so much by their example of how they have embraced life's challenges. At the beginning of the COVID pandemic, one resident commented, "What's the big deal, we have been through Great Depression, two World Wars, and other storms." Also, as one is finishing this race of life, they are teaching the rest of us how to approach the final years, such as: humbly accepting help when they are accustomed to being independent, struggling with a body not as able as they had expected it to be, and dealing with so much loss. One does not get over a loss, such as a death of a spouse, one has to go through it. These are words of those who have done it.

Finally, the prayers of those who unite their suffering with Jesus on the Cross are so very powerful (Archbishop Sheen) and the residents do suffer and do pray. This is incredibly powerful.

Mother Foundress commented at the end of her life that even through all her sufferings, growing old was the greatest cross she had to carry. Knowing that is reminder to appreciate the suffering of the older generation and yet appreciate their patience through it all. Thank you dear residents for teaching us how to live with grace, style and spunk!!!

Thank you for coming to Heaven's Waiting Room! God bless you all! Sr. Mary Faustina

September

**Please
activi**

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

31	1	2	3
	Labor Day 9:00 Mass 10:15 Needlework Club 1:15 Rosary 2:15 Balloon Volleyball	7:00 Mass 9:30 Exercise 10:00 Pictionary 1:15 Rosary & Perpetual Help 2:00 Marian Apparition Series 3:30 Duo Dog (Bean)	7:00 Mass 9:30 Exercise 10:00 Craft - 1:15 Rosary 2:15 Bingo
7	8	9	10
9:00 Mass 10:00 Coffee & Doughnuts	Nativity of the Bl. Virgin Mary 7:00 Mass 9:30 Exercise 10:00 Needlework Club 1:15 Rosary 2:00 Dominoes	7:00 Mass 9:30 Exercise 10:00 Daycare Kids Visit 1:15 Rosary & Perpetual Help 2:15 Manicures	7:00 Mass 9:30 Exercise 10:00 Cooking 1:15 Rosary 2:15 Bingo 3:30 Duo Dog
14	15	16	17
The Exaltation of the Holy Cross 9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	7:00 Mass 9:30 Exercise 10:00 Needlework Club 1:15 Rosary 2:00 Paints & Markers	7:00 Mass 9:30 Exercise 10:00 Daycare Kids Visit 1:15 Rosary & Perpetual Help-ML 2:00 Movie 6:45 Holy Hour w/ the Sisters	7:00 Mass 9:30 Exercise 10:00 Wheel 1:15 Rosary 2:15 Bingo 3:30 Dog Vis
21	22	23	24
9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	7:00 Mass 9:30 Exercise 10:00 Needlework Club 1:15 Rosary 2:00 Scrabble	7:00 Mass 9:30 Exercise 10:00 Daycare Kids Visit 1:15 Rosary & Perpetual Help 2:00 Movie	7:00 Mass 9:30 Exercise 10:30 Cardin 1:15 Rosary 2:15 Bingo 3:30 Duo Dog
28	29	30	1
9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	Archangels 7:00 Mass 9:30 Exercise 10:00 Needlework Club 1:15 Rosary 2:15 Movie	7:00 Mass 9:30 Exercise 10:00 Daycare Kids Visit 1:15 Rosary & Perpetual Help 2:15 Resident Council 3:00 Food Council	

Use this as a guide. Check weekly activity sheets for additions and changes.

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	4	5	6
Fall Mobiles	7:00 Mass 9:30 Exercise 10:00 Sing Along 1:15 Rosary 2:00 Ice Cream Social	9:00 First Friday Mass Followed by Adoration 11:00 Rosary 3:00 Happy Hour - Tom T. 4:45 Vespers & Benediction	8:30 Chap. of Divine Mercy 9:00 First Saturday Mass 10:30 Confessions 2:00 Sainly Cinema 4:30 Fatima Devotions
	11	12	13
g Demo w/ Kati g (Rosie)	7:00 Mass 10:00 Bus Outing 1:15 Rosary 2:00 Movie	7:00 Mass 9:30 Exercise 10:00 Washers & Ring Toss 1:15 Rosary 3:00 Happy Hour - Gene T.	8:30 Rosary 9:00 Mass 10:30 Bingo with the Order of Malta 2:00 Footprints of God
	18	19	20
of Fortune it (Millie)	7:00 Mass 9:30 Exercise 10:00 Lives of the Saints 1:15 Rosary 2:00 Snack Bar -ML	7:00 Mass 9:30 Exercise 10:00 Mini Golf 1:15 Rosary 3:00 Happy Hour - Michael S.	8:30 Rosary 9:00 Mass 10:30 Confessions 2:00 Bridge 3:30 Duo Dog (Tucker)
	25	26	27
als Memories g (Zoey)	7:00 Mass 9:30 Exercise 10:00 Book Club 10:30 Library Visit 1:30 Bus Outing	7:00 Mass 9:30 Exercise 10:00 Eating with the Saints 1:15 Rosary 3:00 Happy Hour - Cherry & Jerry Ragtime Band	8:30 Rosary 9:00 Mass 10:30 Chocolate Milk Day 2:00 Footprints of God
	2	3	4
Mark your December calendar: Weihnachtmarkt, our German Christmas Market, is scheduled for Saturday, Dec. 6 from 11 a.m.-3 p.m.			

Mass Intentions for September 2025
St. Agnes Home Chapel

1. **Labor Day:** For employees with birthdays this month: Akouvi, Chloe, Didi, Paul, Alice, Caroline, Danny, Lydarria, Tonyae, Tammy, Susan, Stephenie, Katiana, Angie, Jackie, Diana, Boury, Margaret, Nikki, Tasha
2. For the intentions of Mother Karla Marija and the General Council and Sr. Anna Maria and the Provincial Council
3. For Sr. M. Therese
4. *For Archbishop Carlson's Intentions*
5. **First Friday:** For our living and deceased benefactors, and for our deceased residents
6. **First Saturday:** For an increase in vocations to the priesthood and religious life
7. **23rd Sunday in Ordinary Time:** For children and residents with birthdays this month: Parker, Lillian, Henry, Henry, Thomas, Lily, Jack, Liam, Betty, Jane, Rosemary, Virginia, Audrey, Rosemary, Mary Margaret, Carol, Ruth, Virginia
8. For Sr. Mary Michael
9. For Sr. Mariana Joy
10. For Jean Paul Torno (Requested by Nancy)
11. *For Archbishop Carlson's Intentions*
12. For the Sisters at St. Agnes (Requested by Peter)
13. For the Sucher/Leonard Family (Requested by Mike and Jackie)
14. **The Exaltation of the Holy Cross:** For the intentions of residents, children, families, and staff of St. Agnes Home and Carmelite Child Development Center
15. For Sr. Mary Joseph – RIP
16. For Julie Carter – RIP (Requested by Mary Lou)
17. *For Archbishop Carlson's Intentions*
18. For Jim and Denise Heisler (Requested by Peter)
19. For our living and deceased benefactors
20. For Sr. Maria Imelda (Nameday)
21. **25th Sunday in Ordinary Time:** For Audrey Mehan (Requested by Mary)
22. For Claire Shelly (Requested by Patricia and Susan)
23. For Dick Mehan – RIP and Audrey Mehan (Requested by Mary)
24. For Gene Gahn – RIP (Requested by Jan and Don)
25. For Sr. Mary Joseph – RIP
26. For Jim Maglione – RIP (Requested by Mary Lou)
27. For Sr. Mary Faustina
28. **26th Sunday in Ordinary Time:** For Don and Nancy Ross (Requested by Peter)
29. For Sr. Mary Michael (Nameday)
30. For Sr. M. Longina – RIP (Requested by Jan and Don)

Mass Intentions for September 2025
Msgr. Jovanovic

20. For the canonization of Bl. Maria Teresa of St. Joseph

If you would like to have a Mass offered for a special intention,
please notify the front desk.

Suggested Mass stipend is \$10.00.

Please submit requests for a particular day or month by the 15th of the previous month.

Requests for certain dates will be honored as much as possible.

Please understand that a specific date may not be available. Thank you!

Meet Our New Nurse Practitioner



My name is **Gabby Giamanco**, your new nurse practitioner from Mercy here at St. Agnes. I have been a Nurse practitioner for 4 years and prior was a nurse at Mercy Hospital in the ICU. I used to travel nurse and traveled all over the United States ending up in Alaska and staying there for 2 years. It is by far the most beautiful place I have ever been. I enjoy getting to know all of my patients and listening to their stories. I love being able to help people whether it is a small or big issues in the medical field. My goal is for each and every resident to be heard and advocated for.

In my free time I am traveling the world, playing golf and volleyball, spending time with my fiancé and dogs, and enjoying exercising. I will have visited all 7 continents by December, 2025.

I look forward to caring for you!

St. Agnes Home Liturgical Schedule

Mass Times

Monday - Friday ~ 7:00 AM

Saturday/Sunday/First Friday ~ 9:00 AM

Special Feast Days & Holidays ~ see

Activity Calendar

Rosary

Monday - Friday ~ 1:15 PM

Saturday—8:30am before mass

Fatima Devotions

1st Saturday of the Month ~ 4:30 PM

Perpetual Help Devotions

Tuesdays ~ 6:30 PM

Adoration

First Friday ~ After 9:00 AM Mass until
4:45 PM Benediction

Sundays ~ 1:00 PM until 4:15 Vespers &
Benediction

(No Adoration on the Sunday following
First Friday)

Liturgical Schedule subject to change.
See Weekly Activities Sheet.

**Tune in to Channel 6 to watch
Mass and devotions live.**

The CONVERSATION

A Catholic Perspective on Cycle of Life Issues SUMMER 2025

The Conversation, offered by the Roman Catholic Foundation, was an amazing and informative morning for a great turnout of people. Participants ranged from Carmelite Sisters, friends, family, interested neighbors, POA's and residents. Industry experts provided a wide range of useful information and documents on cycle of life issues. Two of the workbooks: Estate and Charitable Gift Planning and Catholic Funeral and Cemetery Planning are available on the shelves near the front desk at St. Agnes Home. They are worth picking up a copy.



64th Annual Kirkwood Greentree Festival | September 12-14, 2025



KIRKWOOD PARK, 111 S Geyer Rd
Friday, September 12; 5-10 p.m.
(no arts & crafts booths)
Saturday, September 13; 9-7 p.m.
Sunday, September 14; 10-5 p.m.
**Look for the Sisters, staff and
volunteers at booth 69.**
Stop by and say HI!

ST. AGNES HOME RECOGNITION PROGRAMS

Employee of the Month recognizes employees who exemplify what it means to be “warmed by HIS love” and provide exceptional care and service to the Home, the residents and each other. Their daily efforts show that they remember to “See God in all; Serve God in all; and, Love God in all.”



SUSAN WANYIOKE NURSING



Susan’s name will be added to the Employee of the Month plaque. She will have a special parking spot on our premises, and she will receive a gift card prize.

Congratulations, Susan!

Teamwork Makes the Dreamwork is an on-the-spot recognition for staff who are exemplifying our Core Values of being **HUMBLE, RESPONSIBLE AND WARM.**

Ask about submission forms at the front desk.

Receiver's Name: _____

Giver's Name: _____

Receiver's Department: _____

Using any of our Core Values, how did this employee show that “Teamwork Makes the Dreamwork?”

Humble: _____

Responsible: _____

Warm: _____

The employee receiving the form should place it in the recognition box near the front desk or the employee breakroom by the timeclock. Three winners will receive \$25 gift cards.

September winners: Congratulations to the following employees who won \$25 gift cards for showing that ***Teamwork Makes the Dreamwork:***

RESIDENTS:

Carol S.	03
Rosemary S.	05
Ruth F.	11
Betty W	19
Bette E.	21
Virginia S.	23
Audrey M.	23
Rosemary Y.	27
Jane M	29

Happy 100th Gene!



Welcome home

To our newest Residents:

Rosemary S.

Madlyn W.

Joseph L.

"As the sun rises to bring in the new day, we remember those who labor in various fields. May their work be a source of dignity and fulfillment, and may we always strive to support and uplift one another in our daily tasks. Amen."

EMPLOYEES

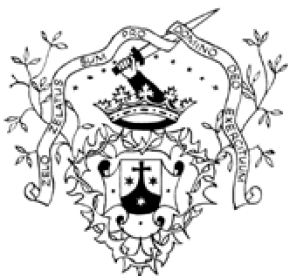
DiDi D.	04
Paul O.	08
Alice J.	12
Caroline M.	12
Danny B	13
Lydarria A.	14
Tonyae Y.	14
Tammy B.	19
Susan W.	20
Stephenie K.	22
Katiana D.	24
Angie S.	24
Jacqueline C.	25
Diana F.	25
Boury G.	25
Margaret B.	26
Nikki B.	29
Tasha M.	30



We express our heartfelt sympathy to the family and friends of our resident who has passed away.

Adele Uding

May her soul and the souls of all the faithful departed, through the Mercy of God, rest in peace.



Carmelite Sisters of the Divine Heart of Jesus

St. Agnes Home

10341 Manchester Rd.

St. Louis, MO 63122

(314) 965 - 7616

www.stagneshome.com