

October, 2025



ST. AGNES HOME

Carmelite Sisters of the Divine Heart of Jesus

A Message from Sr. Anna Maria Provincial Superior

I want to share with you the homily that summed up the life of Sr. M. Angela Therese of the Holy Family, who passed away at the age of 97, on September 19, 2025.

Sr. M. Angela Therese was born on May 31, 1928, the first child in a large family with ten children. Sister helped her mother with her siblings until she entered the convent at the age of twenty and helped her father in the fields picking the cherry crops, carrying sacks of potatoes, and gathering fruit at harvest time.

God had placed the grace of a religious vocation on her heart. While she didn't know where to look, with the help of an aunt who was a sister in the Northern Province, she entered Carmel D.C.J. Northern Province on August 20, 1948. The Lord was truly leading her and guiding her on the right path, as well as giving her great courage at a young age. For the next 76 years she lived out Psalm 23, "Only goodness and kindness follow me all the days of my life; and I shall dwell in the house of the Lord for years to come."

Sister spent most of her religious life in Carmel D.C.J.'s kindergarten in San Antonio Texas. She had a love for singing, especially children's songs that rhymed. When she was not with the children, she was in administrative roles or acting as the Provincial Superior for the Southwest Province which required her to travel to Nicaragua on many occasions.

Sr. M. Angela Therese liked to joke that after she spent so many years helping her mother with her 8 brothers, she exclaimed "I'm tired of this! I am going to the convent!" only to find out that her first assignment as a religious was to care for the little boys in our boy's home. Another fond memory Sister like to share was her accident which occurred after a Kindergarten graduation. While trying to take down a

decorative banner, the tall ladder collapsed, taking down not only Sister, but the sign as well. When she looked up at the sign which said, "congratulations", she would finish with, "Congratulations, you fell!" and would break out in laughter.

Sister *loved* babies and always wanted to hold them and squeeze their cheeks saying how cute they were, and in her last week on earth, Our Lord gave her one last enjoyment of holding a four-week-old baby in her arms. Like St. John in his first letter where we read, "See what love the Father has bestowed on us that we may be called children of God." In the way sister lived her life and religious vocation, she helped us to remember we are all children of God.

Sister's way of touching hearts was through her simplicity. She loved to be before the Blessed Sacrament and receiving the Eucharist at daily Mass. She also loved praying the Rosary, Stations of the Cross, and going to Confession, and she faithfully prayed devotional prayers, especially to St. Therese and her Guardian Angel.

Sr. M. Angela Therese was able to receive Confession, the Anointing of the Sick, and the Apostolic Blessing as well as Holy Communion even up to her last day on earth. All the sisters had the blessing of being with her throughout the last days of her life. And so, we pray: "Come, you who are blessed by my Father, says the Lord; inherit the Kingdom prepared for you from the foundation of the world." Eternal Rest Grant unto Sr. M. Angela Therese oh Lord, and let perpetual light shine upon her. May she rest in peace!

Greetings from the Administrator

Welcome to Fall!!

I am looking forward to two annual events this month here at St. Agnes Home! This is my second October now and I am excited for the **Fall Festival** with our amazing employees at the beginning of the month and the **Oktoberfest** with the Residents, Families, and Sisters towards the end of the month.

The Fall Festival is a time for our staff to relax outside with some good food, play games, receive prizes and just enjoy themselves and break away from their daily routines. For me, it is a time to bond with the staff and be reminded of just how special they all are!

Oktoberfest is a lively evening of German food, drinks, and of course a fantastic German Band! One of the highlights is seeing the Sisters dance with our Residents—it's a beautiful reminder of the spirit and love that defines St. Agnes Home.

I look forward to celebrating with you all!

Angela Ruppel



Angela enjoying her first Fall Festival in 2024. (middle)



Golf cart rides are back, exploring our beautiful property.



Join the Carmelite Sisters of the Divine Heart of Jesus for

TASTE OF CARMEL

Gala

October | 18 | 2025

Benefitting the work of the Sisters.

Individual Tickets \$1,000 Tables of 8 or 10 also available.

This year's event is being held in honor of the Sisters' life of prayer in the heart of the church and Sr. M. Theresia of the Most Holy Trinity.

Sr. M. Theresia, a Carmelite Sister D.C.J., who died in St. Louis in 1926 and is a Servant of God, meaning that she is in the early stages of the process of canonization.

The funds raised from this year's Taste of Carmel Gala will be used to benefit much-needed chapel and convent renovations. In addition to remodeling the current chapel, the funds will be used to build a side chapel where Sr. M. Theresia's body will be interred as her cause of sanctity progresses in Rome.

Saturday, October 18, 2025

4:30pm Mass - St. Agnes Chapel
6pm Gala Old Warson Country Club



To purchase tickets, make a donation, inquire about sponsorship opportunities, or for more information, contact gala@carmelitedcj.org or 314.477.2872.

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**It's not too late...**

*If you are still interested in attending or donating to the Taste of Carmel Gala, please contact [gala@carmelitedcj.org](mailto:gala@carmelitedcj.org).*

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*The Carmelite Sisters of the Divine Heart of Jesus joyfully invite you to one of the most heartwarming events of the season — the **Weihnachtsmarkt at St. Agnes Home**, happening on Saturday, December 6, 2025. This cherished annual tradition is more than a festive market — it's a celebration of community, faith, and the joy of the season.*

The Weihnachtsmarkt offers a unique opportunity to spend meaningful time with our residents, the Carmelite Sisters, and one another.

What Awaits You:

Authentic German Lunch, Hourly Musical Entertainment, Vendor Shopping & Tours of St. Agnes Home and Carmelite Child Development Center to those who are interested.

Whether you're looking to kick off your holiday shopping, enjoy a cozy afternoon with loved ones, or simply soak in the beauty of the season, the Weihnachtsmarkt at St. Agnes Home is the perfect place to be. Come celebrate with us — where hearts are warmed, traditions are honored, and the joy of Christmas shines bright.



Activities



Another **Oktoberfest** is almost here! If you've never been to one before, prepare yourself for A LOT of fun! We've hired a 16-piece brass band to play all the oompah music you could want while chowing down on brats, pretzels and beer!

Each resident is allowed to bring two family members or friends with them, but the deadline to register is October 13th. Cost is \$10 per guest. So, call or stop by the front desk soon to make sure you've got a spot for one of the greatest nights of the year here at St. Agnes! And remember, if you hear someone yell, "Zicke, zacke, zicke zacke!" "Hoi, hoi, hoi!" is always the right response! Prost! **THIS IS A DON'T MISS EVENT!**



With the **holiday season** quickly approaching us, please reach out to the Activities Department at activities@stagneshome.com or 314-698-5142 if you need to reserve space for your family gatherings. For parties of 15 people or less, we recommend the Memorial Lounge up on the first floor next to Physical Therapy, and anything bigger can reserve the Social Hall downstairs next to the Beauty Shop. Just please remember – open flames and anything with a heating element (crockpots, hot plates, etc.) are not allowed, and access to a refrigerator can't be guaranteed.



Memorial Lounge



Social Hall



Nursing Notes

Greetings from the Nursing Department

We are proud to congratulate **Jacqueline Shumpert**, who recently passed her Boards and is now a Licensed Practical Nurse (LPN)—congratulations, Jacqueline!

We also have **two LPNs working toward their RN degrees** and **six CNAs/CMTs pursuing nursing degrees**. Please keep them in your prayers as they continue their studies. You may have also noticed **St. Louis University nursing students** are back with us every Tuesday. Thank you for your ongoing support of our nursing team!

Dementia & Other Causes of Memory Concerns

A common concern as we age is **dementia**, which can be very distressing when one struggles with memory or recalling names. However, forgetfulness or difficulty following conversations may also stem from **other causes** worth considering:

- **Sleep deprivation** – Sleep cycles often change with age; even if hours remain the same, the quality may decline. Naps can help.
- **Hearing or vision changes** – These affect how we take in and process information.
- **Infections** – Especially urinary tract (bladder) infections.
- **Anxiety or stress** – Emotional health can strongly affect memory.
- **Life changes** – Adjusting to multiple schedule or routine changes can impact recall.

Remember, as we age, it can take longer to process information. Be patient with yourself, take care of your health, and give your mind and body the time they need. *God Bless You! Sr Mary Faustina*



Thank you for your kind words to Sr. M. Angela Therese as she prepared to leave for Rome.

As part of our sisters' formation, each spends a year at our Motherhouse to experience our international congregation. On **October 26, Sr. M. Magdalene Therese**, who has been serving as our Social Services Designee, will have a six-month stay at the Motherhouse and will return to St. Agnes Home in May, 2026. In 2027, she will be at the Motherhouse for another six months to prepare for her final vows. Please keep her in your prayers as she deepens her knowledge of our congregation & charism on an international level.

We are especially excited that she will have the opportunity to pray at our Dear Mother Foundress' grave. She will be deeply missed during her time away.



Sr. M. Angela Therese at her farewell gathering



Sr. M. Magdalene Therese

October

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

28	29	30	1
Please use this as a guide. Check weekly activity sheets for additions and changes.			St. Therese 7:00 Mass 9:30 Exercise 10:00 Jeannette 1:15 Rosary 2:15 Birtch
5	6	7	8
9:00 Mass 10:00 Coffee & Doughnuts	7:00 Mass 9:30 Exercise 10:00 Needlework Club 1:15 Rosary 2:00 Pictionary	7:00 Mass 9:30 Exercise 10:00 Daycare Kids Visit 1:15 Rosary & Perpetual Help 2:00 Movie	7:00 Mass 9:30 Exercise 10:00 C 1:15 Ros 2:15 Bir
12	13	14	15
9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	7:00 Mass 9:30 Exercise 10:00 Needlework Club 1:15 Rosary 2:00 Cider & Cookies Outside	7:00 Mass 9:30 Exercise 10:00 Daycare Kids Visit 1:15 Rosary & Perpetual Help 2:00 Movie	St. Teresa Mass 1:15 Ros 2:15 Bir
19	20	21	22
9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	7:00 Mass 9:30 Exercise 10:00 Needlework Club 1:15 Rosary 2:00 Balloon Volleyball	7:00 Mass 9:30 Exercise 10:00 Daycare Kids Visit 1:15 Rosary & Perpetual Help-ML 2:00 Movie 6:45 Holy Hour w/ the Sisters	7:00 Ma 9:30 Ex 10:00 B 10:30 Li 1:15 Ro 2:15 Bir
26	27	28	29
9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	7:00 Mass 9:30 Exercise 10:00 Needlework Club 1:15 Rosary 2:15 Toss & Talk	Sts. Simon & Jude 7:00 Mass 9:30 Exercise 10:00 Eating with the Saints 1:15 Rosary & Perpetual Help 2:15 Resident Council 3:00 Food Council	7:00 Ma 9:30 Ex 10:00 P 1:15 Ro 2:15 Sce

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	2	3	4
Mass of the Child Jesus Exercise Jeopardy! Rosary Prayer	Holy Guardian Angels Employee Fall Festival 7:00 Mass 2:15 Manicures	9:00 First Friday Mass Followed by Adoration 11:00 Rosary 3:00 Happy Hour - Tom T. 4:45 Vespers & Benediction	St. Francis of Assisi 10:00 Funeral Mass for Gene Zilch 10:30 Confessions 2:00 Book Club - ML 4:30 Fatima Devotions
	9	10	11
Mass Exercise Book Club Rosary Prayer	7:00 Mass 9:30 Exercise 10:30 Rescheduled Bus Outing to Cracker Barrel 3:00 Marian Apparition Video Series	7:00 Mass 9:30 Exercise 10:00 Craft: Felt Pumpkins 1:15 Rosary 3:00 Happy Hour - Rich T.	8:30 Rosary 9:00 Mass 10:30 Bingo with the Order of Malta 2:00 Classic Car Show
	16	17	18
Mass of Jesus 9:00 Rosary Prayer	7:00 Mass 9:30 Exercise 10:00 Rummikub 1:15 Rosary 2:00 Twister Trivia - ML	7:00 Mass 9:30 Exercise 10:00 Prize Auction 1:15 Rosary 3:00 Happy Hour - Lauren A.	St. Luke 8:30 Rosary 9:00 Mass 10:30 Confessions 2:00 Footprints of God
	23	24	25
Mass Exercise Book Club Library Visit Rosary Prayer	7:00 Mass 5:30 - 7:30 OKTOBERFEST	7:00 Mass 9:30 Exercise 10:00 Lives of the Saints 1:15 Rosary 2:15 Footprints of God <i>(No Happy Hour due to Oktoberfest the day before)</i>	9:00 Mass
	30	31	1
Mass Exercise Pumpkin Carving Rosary Prayer Autumn Fall Bus Outing	Bl. Maria Teresa of St. Joseph 9:00 Mass 1:15 Rosary 2:00 Bingo	Halloween 7:00 Mass 9:30 Daycare All Saints Parade 1:15 Rosary 3:00 Happy Hour - Marty A.	

Mass Intentions for October 2025

St. Agnes Home Chapel

1. For Sr. M. Rose Therese, Sr. M. Angela Therese of Jesus, and Sr. M. Therese (Nameday)
2. For Mother M. Angelina and Sr. M. Alicia de los Angeles (Nameday)
3. **First Friday:** For our living and deceased benefactors, and for our deceased residents
4. **First Saturday:** For an increase in vocations to the priesthood and religious life
5. **27th Sunday in Ordinary Time:** For Sr. Mary Faustina (Nameday)
6. For employees with birthdays this month: Judy, Naima, Latonia, Fatima, Maurice, Yolanda, Stacie, LuCresha, Sandra
7. For the intentions of Mother Karla Marija and the General Council and Sr. Anna Maria and the Provincial Council
8. *For Archbishop Carlson's Intentions*
9. For Gene Gahn – RIP (Requested by Janet and Don)
10. For John Morrison – RIP (Requested by Ray and Pat)
11. For Sr. M. Magdalene Therese
12. **28th Sunday in Ordinary Time:** For the intentions of residents, children, families, and staff of St. Agnes Home and Carmelite Child Development Center
13. For Paul Ring – RIP and Barbara Ring (Requested by Paul and Kathy)
14. *For Archbishop Carlson's Intentions*
15. **St. Teresa of Jesus:** For Sr. M. Daiana Teresa and Sr. M. Francis Teresa (Nameday)
16. For Sr. Mary Joseph – RIP
17. For Mother Karla Marija (Requested by Peter)
18. For the Sucher/Leonard Family (Requested by Mike and Jackie)
19. **29th Sunday in Ordinary Time:** For Elizabeth Moehring – RIP
20. For the canonization of Bl. Maria Teresa of St. Joseph
21. *For Archbishop Carlson's Intentions*
22. For Sr. M. John Paul (Nameday)
23. For Jane May – RIP (Requested by Valann)
24. For Sr. M. Bernadette – RIP
25. For Sr. M. Angela Therese of Jesus
26. **30th Sunday in Ordinary Time:** For children and residents with birthdays this month: Eloise, Joy, James, Francine, Rod, Marianne, Adele, Lori, Jean, Karen, Helen, Lou
27. For Sr. M. Raphael – RIP
28. For Jim and Denise Heisler (Requested by Peter)
29. For Raymond Lindner – RIP (Requested by Seana)
30. **Bl. Maria Teresa of St. Joseph:** For Sr. Anna Maria (Nameday)
31. For Don Wolf, Jr. – RIP (Requested by Mary Lou)

Mass Intentions for October 2025

Msgr. Jovanovic

1. For Sr. M. Angela Therese of the Holy Family – RIP
19. **29th Sunday in Ordinary Time:** For our living and deceased benefactors



St. Agnes Home will have many varied opportunities for volunteers in the coming months, and we would love and appreciate having you onboard our volunteer team!

Here's some examples:

- Oktoberfest (volunteers are identified)
- Wreath making for Weihnachtsmarkt in October 14/15, 20, 27
- Weihnachtsmarkt (Christmas Market) on Dec. 6 (lots of volunteers needed)
- Decorating the Home for Christmas
- Christmas caroling groups
- Resident visiting and Christmas card writing with residents

Contact Joanne at jgiljum@carmelitedcj.org or 314-965-7616.

St. Agnes Home **Liturgical Schedule**

Mass Times

Monday - Friday ~ 7:00 AM

Saturday/Sunday/First Friday ~ 9:00 AM

Special Feast Days & Holidays ~ see
Activity Calendar

Rosary

Monday - Friday ~ 1:15 PM

Saturday ~ 8:30 AM before mass

Fatima Devotions

1st Saturday of the Month ~ 4:30 PM

Perpetual Help Devotions

Tuesdays ~ 6:30 PM

Adoration

First Friday ~ After 9:00 AM Mass until
4:45 PM Benediction

Sundays ~ 1:00 PM until 4:15 Vespers &
Benediction

(No Adoration on the Sunday following
First Friday)

Liturgical Schedule subject to change.
See Weekly Activities Sheet.

**Tune in to Channel 6 to watch
Mass and devotions live.**

ST. AGNES HOME RECOGNITION PROGRAMS

Recognizes employees who exemplify what it means to be “warmed by HIS love” and provide exceptional care and service to the Home, the residents and each other.

Their daily efforts show that they remember to
“See God in all; Serve God in all; and, Love God in all.”



Reyna’s name will be added to the Employee of the Month plaque. She will have a special parking spot on our premises, and she will receive a gift card prize.
Congratulations, Reyna!

REYNA BALAGAT DIETARY



Teamwork Makes the Dreamwork
is an on-the-spot recognition for staff who are exemplifying our Core Values of being **HUMBLE, RESPONSIBLE AND WARM.**

Ask about submission forms at the front desk.

Receiver's Name: _____

Giver's Name: _____

Receiver's Department: _____

Using any of our **Core Values**, how did this employee show that “Teamwork Makes the Dreamwork?”

Humble: _____

Responsible: _____

Warm: _____

The employee receiving the form should place it in the recognition box near the front desk or the employee breakroom by the timeclock. Three winners will receive \$25 gift cards.

October winners: *Congratulations to the following employees who won \$25 gift cards for showing that **Teamwork Makes the Dreamwork:***

Donielle Warren Nursing

Positive attitude and willing to float and be helpful wherever you are assigned.

Maurice Stevenson Dietary

Cares how residents and guests are and ensures they have what they want.

Kati Schaefer Business Office

Volunteering at HOT Greentree Festival!



Welcome to Fisher Knerr and Calvin Sztukowski. They are De Smet Seniors who will be volunteering at St. Agnes Home this entire school year. Fisher and Calvin will be here on Monday afternoons assisting in Dietary and Activities. If you would like them to visit with you, help you with technology other than your TV or other miscellaneous things, please let Joanne Giljum know.

St. Agnes Home is blessed to be part of many of our local high schools reach out efforts.



Mary Katherine Lux, a student at Clayton High School, founded the ***With Love Club*** alongside her three closest friends. The inspiration for the club came to her during Mass at Mary Queen of Peace, moved by Father Craig's homily.

The mission of the With Love Club is simple yet powerful: to create handmade letters and art pieces that are delivered to individuals in hospitals, senior homes, women's shelters, homeless shelters, and other places where a little extra love is needed. Their goal is to spread joy, hope, and light.

They are honored to partner with St. Agnes Home to share these heartfelt creations. It's their hope that each note and piece of art they create and deliver to our resident brings a smile, lifts a spirit, and brightens someone's day. When residents receive these messages from the students, we trust they'll feel the warmth and care behind every word and brushstroke.

The Year of Hope, designated as the Jubilee Year 2025, is a special time for spiritual renewal and reflection within the Catholic Church, themed "Pilgrims of Hope."



To honor the Year of Hope, some of our residents and volunteers took a pilgrimage to the New Cathedral with Archbishop Carlson. It was a memorable, educational and prayerful time together.

RESIDENTS:

Rod F.	03
Lou S.	05
Francine L.	07
Loretta C.	08
Adele O.	20
Karen B.	22
Helen D.	26
Jean J.	29
Peggy D.	29



EMPLOYEES:

Naima L.	05
Fatima Z.	07
Latonia H.	07
Maurice S.	09
Yolanda M.	22
LuCresha L.	23
Stacie J.	23
Sandra G.	25

Welcome home

To our newest Residents:

Ed A.
Jim A.
Sissy C.
Francine L.
Joe L.
Jo L.
Carol U.



We express our heartfelt sympathy to the family and friends of our residents who have passed away.

Liz Cook
Bishop Gaydos
Sr. Angela Therese
Jane May
Helen Neely
Gene Zilch

May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace.



Carmelite Sisters of the Divine Heart of Jesus
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