

FEBRUARY, 2026



ST. AGNES HOME

Carmelite Sisters of the Divine Heart of Jesus

A Message from Sr. Anna Maria

Provincial Superior

JMJT

As we prepare for Lent in a couple of weeks, I want us to focus on the posture of reflection.

We can start by looking at the people of Nineveh. When they were warned that they would be destroyed if they did not repent, the people responded with a posture of putting on sackcloth and ashes on their heads. A posture of repentance.

We can look next at the Israelites who wandered in the desert for forty years and were led by the pillar of cloud by day and a pillar of fire by night. When the cloud remained in place, so did the people. They learned to live in a posture of patience.

Next, we have King David. Before he became king, Saul was chasing him and seeking to take his life. David had the chance to take the life of Saul in a cave, and grasp at the kingship for himself, but he chose not to touch the anointed one of God. Instead, he took on a posture of mercy.

In the New Testament, Jesus is baptized and then urged by the Spirit to go out into the desert for forty days and forty nights to be tempted. He models for us the posture of being led and overcoming temptation. We are called during this time of Lent to pray, fast and give alms. We have many ways in how this can be done. I encourage you to take time with Our Lord in silence to discover how you are spending your Lenten Season, giving to the Father a sacrifice of love from your want and not your surplus.

Jesus is inviting me to take some time away from St. Agnes Home. I will be taking a sabbatical, probably in the range of 1-4 months. It will be an opportunity for renewal in my duties as superior and in my own personal human formation. I am grateful to have this opportunity, and I ask for your prayers.

While I am away, I will be fasting from all technology with very little access to email, text or phone. If you need anything, Sr. Mary Michael is the one who will be in charge in my absence. If you do not have her number, please call St. Agnes Home at 314-965-7616, and they will put you through to her.



Carmelite Sisters of the Divine Heart of Jesus | St. Agnes Home
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Greetings from the Administrator,

As we begin a new month, I want to pause and recognize the outstanding dedication and perseverance of our team—especially during the last week of January’s winter weather. When forecasts warned of challenging conditions, our staff immediately sprang into action, planning ahead to ensure our residents remained safe, warm, and well cared for. In additions, our maintenance team ensured our parking lots were clear for the employees.

Many team members went out of their way to report to work despite difficult travel conditions, and several generously stayed overnight—some for multiple nights. This selfless commitment truly reflects the compassion and professionalism of our staff.

Moments like these serve as a powerful reminder of what makes St. Agnes Home such a special place: individuals who consistently show up with heart and dedication.



Warm blessings to you all! Angela



We are sincerely grateful to Ryan Bean, Reed Townsend, Ryan Wingerter, and Jack Brawer for spending their Senior Service project time with our residents at St. Agnes Home during the month of January. During their first week, they helped with Christmas decorations being taken down, and their height, strength, and energy were especially appreciated!

Having high school students in our home, sharing meaningful time with our residents, is truly a blessing for everyone involved. We hope their experience helped to deepen their understanding of the joy and importance that quality time with seniors brings to all generations.



Chaplain's Corner



THE CALL OF THE TWELVE APOSTLES

In the Gospel of St. Mark (3:13–19), we find Our Lord, after He spent the whole night in prayer, calling the twelve, whom He named the Twelve Apostles. He did not call those who were necessarily worthy, but those He desired, laying the foundation of His Church. St. Thérèse of Lisieux says that this is the interpretive key to her life, for it describes the way Christ worked in her life as well.

In other words, for St. Thérèse of Lisieux, the call of the Twelve Apostles is not a reward—a call to those who are worthy—but rather a story of divine love—a grace given—to which they are invited to freely respond.

Pope Benedict XVI calls it a prayer event: “It is as if they were begotten in prayer, in intimacy with God the Father. The calling of the Twelve emerges from Jesus’ dialogue with God the Father and is anchored there. It is also the necessary starting point for understanding Jesus’ words in St. Mark’s Gospel (Mark 9:38): ‘Ask the Lord of the harvest to send out laborers into the harvest.’”

Pope Benedict XVI continues: “We cannot simply pick laborers in God’s harvest in the same way that an employer seeks his employees. God must always be asked for them, and He Himself must choose them for this service.”

It does not take a genius to figure out why we do not have enough priests and religious in the Archdiocese of St. Louis. Too few are praying for vocations to the priesthood and religious life—it should be part of our daily prayer—maybe part of our daily Rosary. And in addition to prayer, ask your grandchildren to consider a religious vocation. So rather than say to a young person, “What are you going to be when you grow up?” rather say, “Is God calling you to the priesthood or religious life?” And if the answer is no, tell them you will pray that God calls them to help build His Church.

Archbishop Emeritus Robert J Carlson



Prayer for Religious Vocations

Lord Jesus, gentle Shepherd,

You call each of us by name.

Open the hearts of those You are inviting

to serve You as priests, deacons, and consecrated men and women.

Fill them with courage, joy, and a deep love for Your people.

May they say “yes” to Your call,

and may their lives lead many to You. Amen.

MARK YOUR CALENDAR!

Activities



2025 Mardi Gras Queen and King celebrating with their families!
Joe M. and Mary Anne G.



A St. Agnes Home New Years Eve tradition is a sing-a-long with the Sisters. Welcome 2026! The time stamp on this photo was well before midnight!



Nursing Notes

By Sr. Mary Faustina, RN, Director of Nursing

We have something truly unique and wonderful to celebrate at St. Agnes Home. This year, we are blessed to have three couples celebrating their 70th wedding anniversaries. Considering the size of our Home, it is remarkable to have so many married couples living with us, and to have three reaching this extraordinary milestone is truly inspiring. Their presence among us is a blessing and a joy.



We congratulate ***Rod and Janey Full, Catherine and Thomas Spearing, and Joseph and Francine Leritz.*** (The couples are pictured in the same order as their names, respectively.)

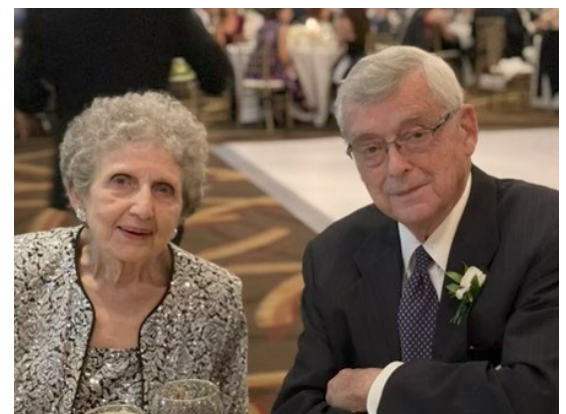
Seventy years of marriage reflects much joy, happiness, and love. It also reveals a lifetime of hard work, dedication, commitment, and self-giving. St. Teresa Benedicta of the Cross and St. Pope John Paul II both taught that it is in the giving of ourselves to another that we truly find ourselves. Through this self-gift, one grows in deeper union with both God and one's spouse. This truth is beautifully evident in the lives of these couples.

Like many of their generation, they have lived through the Great Depression, World Wars, and many other world changes. They have witnessed remarkable transitions—from outdoor plumbing to indoor plumbing, and from simple living to the rapid technological advancements of today. In reflecting on their life stories, a common thread emerges: united in love, each couple walked through the trials of life together—not avoiding them, but growing through them.

We also extend our congratulations to Juliana and Jack Lally, who celebrated their 65th wedding anniversary last year and will soon celebrate their 66th anniversary this year. May God continue to bless all of these couples, whose lives stand as a beautiful witness to faithful, enduring love.

Happy Valentine's Day to you all.

God bless you and enjoy making snow angels. (It will keep you young!) *Sr. Mary Faustina*



Juliana and Jack Lally

PLEASE USE THIS AS A GUIDE. SEE
****Happy Hour times are changing through**

February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
1 9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	2 Presentation of the Lord 7:00 Mass 9:30 Exercise 10:15 Needlework Club 1:15 Rosary 2:15 What's My Line?	3 St. Blaise 7:00 Mass 9:30 Exercise 10:00 Daycare Visit 1:15 Rosary followed by Perpetual Help 2:15 Movie: Soul on Fire	4 7:00 Mass 9:30 Exercise 10:00 Chocolate 1:15 Rosary 2:15 Bingo
8 St. Josephine Bakita 9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	9 7:00 Mass 9:30 Exercise 10:15 Needlework Club 1:15 Rosary 2:15 TBD	10 7:00 Mass 9:30 Exercise 10:00 Daycare Visit 1:15 Rosary followed by Perpetual Help 2:15 Movie: 42 - The Jackie Robinson Story	11 Our Lady of 7:00 Mass 9:30 Exercise 10:00 Flow w/ Lara 1:15 Rosary 2:15 Bingo
15 9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	16 Presidents' Day 7:00 Mass 9:30 Exercise 10:15 Needlework Club 1:15 Rosary 2:15 Presidential Trivia	17 7:00 Mass 9:30 Exercise 10:00 Daycare Visit 1:15 Rosary followed by Perpetual Help 2:15 Movie: Rogers & Hammerstein's Cinderella 6:45 Holy Hour w/ the Sisters	18 Ash Wednesday 9:00 Mass 10:30 Group 1:15 Rosary 2:15 Bingo
22 9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	23 7:00 Mass 9:30 Exercise 10:15 Needlework Club 1:15 Rosary 2:15 Movie: The Pursuit of Happyness	24 7:00 Mass 9:30 Exercise 10:00 Daycare Visit 1:15 Rosary followed by Perpetual Help 2:15 Food Council 3:00 Resident Council	25 7:00 Mass 9:30 Exercise 10:00 Sing 1:15 Rosary 2:15 Bingo

THE WEEKLY ACTIVITY SHEET FOR CHANGES AND ADDITIONS.

Without Lent due to Stations of the Cross being said at 3pm, instead of 4pm.**

DAY	THURSDAY	FRIDAY	SATURDAY
	5	6	7
se chocolate Tasting y	7:00 Mass 9:30 Exercise 10:00 Valentine Craft 1:15 Rosary 2:15 National Kazoo Day w/ Debbie	First Friday 9:00 First Friday Mass, Followed by Adoration 11:00 Rosary 3:00 Happy Hour	First Saturday 8:30 Chaplet of Divine Mercy 9:00 Mass 10:30 Confession 2:00 Footprints of God
	12	13	14
of Lourdes se er Arranging y	7:00 Mass 9:30 Exercise 10:00 Craft: Mardi Gras Masks 1:15 Rosary 3-5 Mardi Gras Party	7:00 Mass 9:30 Exercise 10:00 Black Saints of the Catholic Church 1:15 Rosary 2:15 Sweetheart Stories No Happy Hour	8:30 Rosary 9:00 Mass 10:30 Bingo w/ the Order of Malta 2:00 Valentine Tea Party
	19	20	21
esday p Crossword y	7:00 Mass 9:30 Exercise 10:00 Virtual Vacation 1:15 Rosary 2:15 Cooking Demo	7:00 Mass 9:30 Exercise 10:00 Rummikub & UNO 1:15 Rosary 3:00 Stations of the Cross 3:30 Happy Hour - Mark	8:30 Rosary 9:00 Mass 10:30 Confession 2:00 Footprints of God
	26	27	28
se Along y	7:00 Mass 9:30 Exercise 10:00 Book Club 10:30 Library Visit 1:15 Rosary 2:15 Coloring	7:00 Mass 9:30 Exercise 10:00 Jeopardy 1:15 Rosary 2:00 Happy Hour - Rich 3:00 Stations of the Cross	8:30 Rosary 9:00 Mass 10:30 Eating with the Saints 2:00 Tic Tac Toss

Mass Intentions for February 2026
St. Agnes Home Chapel

1. **4th Sunday in Ordinary Time:** For children and residents with birthdays this month: Mary Ann, Jeanne, Sr. Bernadette, Fr. Mattler, Carol, Patsy, Jack, Betty
2. **The Presentation of the Lord:** For the intentions of Mother Karla Marija and the General Council and Sr. Anna Maria and the Provincial Council
3. Sr. Mary Joseph – RIP (Requested by Rick and Lisa)
4. *For Archbishop Carlson's Intentions*
5. Sr. Mary Alice (Nameday)
6. **First Friday:** For our living and deceased benefactors, and for our deceased residents
7. **First Saturday:** For an increase in vocations to the priesthood and religious life
8. **5th Sunday in Ordinary Time:** Wallace Lewis – RIP (Requested by Sue)
9. Sr. M. Longina – RIP (Requested by Peter)
10. Sr. M. Viktorija (Nameday)
11. *For Archbishop Carlson's Intentions*
12. Mary Metzger – RIP (Requested by Jan and Don)
13. Audrey Mehan
14. Joseph Zickel – RIP (Requested by Anne)
15. **6th Sunday in Ordinary Time:** For the intentions of residents, children, families, and staff of St. Agnes Home and Carmelite Child Development Center
16. For employees with birthdays this month: Marva, Delores, Arkeema, Alexis, LaSasha, Nizeyimana, Darnicia, Marnisha, Adjowa,
17. For the Sisters on retreat
18. **Ash Wednesday:** *For Archbishop Carlson's Intentions*
19. For our living and deceased benefactors
20. For the canonization of Bl. Maria Teresa of St. Joseph
21. For the Sucher/Leonard Family (Requested by Mike and Jackie)
22. **1st Sunday of Lent:** Jerry O'Neil – RIP (Requested by Bill)
23. Clare Genovese (Requested by Peter)
24. Dewie and Mavis Gaul – RIP (Requested by Laurie)
25. For an increase in vocations to the priesthood and religious life
26. Dan and Betty Koenig and Family
27. For Sr. M. Angela Therese of the Holy Family – RIP
28. Adalina Loos – RIP (Requested by Kevin)

Mass Intentions for February 2026
Msgr. Jovanovic

- | | |
|---|-------------------------|
| 3. Fr. Vincent Kim – RIP | (Requested by Kim) |
| 5. Paul Ring – RIP | (Requested by Mary Lou) |
| 21. Joe Kochanski – RIP and Mary Ann Kochanski | (Requested by Carol) |
| 24. Annie Rose | (Requested by Lucy) |
| 26. In honor of Steve, Mark, David, and Tom Young | (Requested by Rosemary) |

Suggested Mass stipend is \$10.00.
Please note that every attempt is made to honor mass intentions for specific dates or months. However, due to the number of requests, this is not always possible. Thank you for understanding!



Valentine wishes from the 'With Love Club' at Clayton High School!

Liturgical Schedule

Mass Times

Monday - Friday ~ 7:00 AM

Saturday/Sunday/First Friday ~ 9:00
AM

Special Feast Days & Holidays ~ see
Activity Calendar

Rosary

Monday - Friday ~ 1:15 PM

Saturday ~ 8:30 AM before mass

Fatima Devotions

1st Saturday of the Month ~ 4:30 PM

Perpetual Help Devotions

Tuesdays ~ 6:30 PM

Adoration

First Friday ~ After 9:00 AM Mass until
4:45 PM Benediction

Sundays ~ 1:00 PM until 4:15 Vespers &
Benediction

(No Adoration on the Sunday following
First Friday)

Liturgical Schedule subject to change.
See Weekly Activities Sheet.

**Tune in to Channel 6 to watch
Mass and devotions live.**

Blessed Mother Maria Teresa Annual Award Recipient

Jose Castaneda Sanchez



The highest award given at St. Agnes Home is the Blessed Maria Teresa Award, named after the Foundress of the Carmelite Sisters of the Divine Heart of Jesus. This annual award recognizes employees who have best exemplified many of the characteristics of our Blessed Foundress in their daily actions, attitude and overall desire to make the work environment a place to See, Serve and Love God in All.

This year's recipient from our Maintenance Department is Jose.

From the day Jose started at St. Agnes Home, he has shown the very best qualities we hope to see in an employee. He always has a positive attitude and is very willing to help wherever he is needed. Jose cares about our residents and our Home, and he is truly a one-in-a-million employee.

Jose first began working in the Housekeeping department, but it quickly became clear that he wanted to learn and do more. He was promoted to the Maintenance department, where he continues to learn new skills and new parts of the Home. Without any complaints, Jose still helps in Housekeeping and Dietary whenever they need support. He does not avoid new or difficult tasks. Jose learns quickly and takes pride in doing a good job. When he makes a mistake, he works hard to fix it and learns from the experience.

A very important part of his work, along with his co-workers, is snow removal. Jose works in the bitter cold and even during the night to clear the parking lot, sidewalks, and the cars of our staff. It is always a special surprise for staff to walk out after a snowstorm and see their cars cleared and ready to go. Residents look forward to seeing Jose because he is kind, pleasant, and willing to help with anything—big or small. If he does not know an answer, he finds someone who does. Whatever matters to a resident matters to him, including their health, safety, and happiness.

Jose is trusted by the Sisters, staff, families, and residents. He is a man of his word and very reliable. He sets a wonderful example for other employees every day. The spirit of our Blessed Foundress—to See, Serve, and Love God in all—is lived out daily through Jose's actions, attitude, and desire to make St. Agnes Home a great place to work.

We are truly blessed to have him as an essential part of our team.

ST. AGNES HOME RECOGNITION PROGRAMS



Recognizes employees who exemplify what it means to be “warmed by HIS love” and provide exceptional care and service to the Home, the residents and each other. Their daily efforts show that they remember to “See God in all; Serve God in all; and, Love God in all.”

Sharon’s name will be added to the Employee of the Month plaque. She will also receive a gift card prize. Congratulations on being selected as Employee of the Month, Sharon!



**SHARON
BAGBY**

TEAMWORK MAKES THE DREAMWORK

Receiver's Name: _____

Giver's Name: _____

Receiver's Department: _____

Using any of our **Core Values**, how did this employee show that “Teamwork Makes the Dreamwork?”

Humble: _____

Responsible: _____

Warm: _____

The employee receiving the form should place it in the recognition box near the front desk or the employee breakroom by the timeclock. Three winners will receive \$25 gift cards.

Staff, residents and family may utilize Employee of the Month and Teamwork Makes the Dreamwork recognition programs to recognize outstanding efforts by our staff. Ask about submission forms at the front desk.

February winners: *Congratulations to the following employees who won \$25 gift cards for showing that **Teamwork Makes the Dreamwork**:*

Adjowa Kodjo	Dietary	Excellent at fulling the needs of residents with a smile!
Naima Lewis	Nursing	Thank you for being so flexible.
Aliyah Cain	Nursing	Coming in at the last minute to help with a cheerful attitude

Happy ♥ Birthday

RESIDENTS:

Jeanne K.	02
Fr. Albert M.	04
Carol B.	11
Jack L.	14
Sr. Bernadette Marie	15
Betty T.	18
Patsy H.	19

EMPLOYEES:

Delores T.	8
Arkeema A.	10
Lasasha H.	13
Nizeyimana	18
Darnicia B.	20
Marnisha M.	20
Adjowa K..	21

We express our heartfelt sympathy to the family and friends of our residents who have passed away:

Ed Berra

Betty Feld

May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace.

Welcome home

To our newest resident:

Mary Anne O.

