

April, 2026

St. AGNES HOME

Carmelite Sisters of the Divine Heart of Jesus

A message from Angela, Administrator

We are delighted to welcome Beverly Weldon as our new Admissions Director. Beverly brings warmth, professionalism, and a heart for serving residents and families. Over the next couple of months, she will be training closely with Sister Anunciata Grace, whose service has been invaluable with welcoming new Residents into St. Agnes Home. Sister Anunciata Grace will be moving over to the Carmelite Day-care around June continuing her beautiful work of nurturing and caring for others. We are deeply grateful for her dedication and excited for the gifts Beverly will bring to her new role.



Beverly Weldon

As we continue our mission of providing compassionate, faith-filled care, we kindly ask that you keep St. Agnes Home in mind for anyone who may benefit from our Assisted Living environment. Your past and present referrals mean more than you know—they help us extend our ministry to those who need it most. Thank you for sharing your trust in us with others.

May this Easter AND Spring Season fill your hearts with peace and hope. Angela Ruppel

ST. AGNES HOME & THE CARMELITE SISTERS D.C.J.

EASTER TRIDUUM SCHEDULE



Holy Thursday ~ 4 pm Mass of the Lord's Supper

Good Friday ~ 11:30 Stations of the Cross &

3 pm Celebration of the Lord's Passion

Holy Saturday ~ 8 pm Easter Vigil

Easter Sunday & Monday ~ 9 am Mass

All are welcome!



Building Beauty Together at St. Agnes Home

There is something special about the grounds of St. Agnes Home—peaceful spaces that invite reflection, conversation, and moments of quiet joy. These outdoor areas are an extension of our mission to *See, Serve, and Love God in all*, offering comfort not only to our residents, but also to their families and all who visit.

Thanks to the generosity of our community during our recent **#iGiveCatholic** campaign, we are excited to begin enhancing these spaces in a meaningful way. New gazebos and outdoor furniture will soon provide welcoming places for residents and their loved ones to gather, share stories, and simply enjoy the beauty around them.

Now, we invite you to be part of bringing this vision to life.

We are currently seeking volunteers to assist with hands-on projects alongside our Maintenance Department—or even independently—for:

- Building and installing new gazebos
- Assembling outdoor furniture
- Assisting with light groundskeeping and beautification projects

These efforts will have a lasting impact, creating spaces that foster connection, peace, and joy for years to come.

At this time, our immediate need is for adults with some experience, interest, or comfort in working with tools, assembly, or outdoor projects. Whether you can offer a few hours or a few days, your time and talents would be a true gift to our Home.

Volunteering in this way is more than completing a project—it is becoming part of the St. Agnes family in a very tangible and meaningful way. Together, we can continue to create an environment where our residents feel cherished, surrounded by beauty, and deeply at home. If you feel called to help, we would be grateful to hear from you.

Thank you for your continued support, generosity, and love for St. Agnes Home.

Please reach out to Joanne Giljum at jgiljum@carmelitedcj.org.

Chaplain's Corner

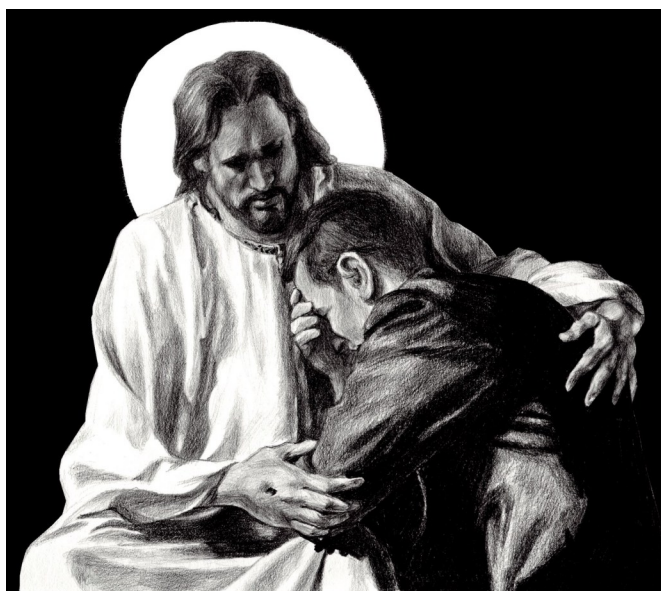
As we read the Sacred Scriptures, one theme we discover, over and over again, is God's love for us. He assures us that, though a mother might forget the child in her womb, God will never forget us. There is a beautiful expression of this in Isaiah 49:15–17, where we are told that God leads us by the hand so as to keep us always in His sight.



John 3:16 expresses it powerfully: “God so loved the world that He gave His only begotten Son, so that those who believe in Him may not perish but have eternal life.”

In the words of Father Josemaría Escrivá: “Just think about the wonder of God's love. Our Lord comes out to meet us; He waits for us. He is at the roadside, where we cannot fail to see Him, and He calls each of us personally, speaking to us about our concerns—which are also His. He stirs us to sorrow, opens our conscience to be generous, and encourages us to want to be faithful, so that we can be called His disciples.”

As a sign of His love, God has left us the sacraments—channels of divine mercy. Among them, since we can receive some of the sacraments more frequently, what pleases God in a special way is Confession, where He pardons our sins, and the Blessed Sacrament, where He has chosen to remain in a singular act of love for us. Never forget that love for God is necessarily shown in the way we love and care for those among us in our day-to-day lives—the community that is St. Agnes Home.



In the words of Father Josemaría Escrivá: “Just think about the wonder of God's love.”

Breaking News... Big Changes Are Blooming at St. Agnes Home!

Residents, families, and friends—hold onto your hats (and walkers)! Spring has arrived, and with it comes some *very exciting* updates here at St. Agnes Home.

After much discussion during Resident Council, and perhaps one too many cups of coffee, we are thrilled to announce several “new initiatives” designed to enhance life in our community:

The Rooftop Garden & Chicken Coop

In an effort to embrace farm-to-table living, plans are underway to install a rooftop garden—complete with raised beds, fresh herbs, and a large flock of chickens. Fresh eggs for breakfast, anyone?

The St. Agnes Home Talent Agency

We’ve discovered so many hidden talents among our residents that we are launching our very own talent agency! From singing sensations to card-playing champions, auditions will be held daily... or at least whenever someone feels like it.

Valet Parking for Walkers & Wheelchairs

No more worrying about where to “park”! Our new valet service will ensure that walkers and wheelchairs are returned polished, positioned, and ready for their next outing.

Ice Cream Before Dinner Policy

After careful consideration, we’ve decided to reverse the traditional order of meals. Dessert first—because why wait? (We suspect this may become our most popular change.)

While these ideas may sound just a *little* too good to be true... we hope they brought a smile to your face. **April Fools!**

In all seriousness, what truly makes St. Agnes Home special isn’t rooftop chickens or valet parking—it’s the humility, warmth and responsible way our Sisters and staff care for our residents and each other.

Thank you for being part of our community. Wishing you a spring season filled with laughter, sunshine, and maybe even a little ice cream before dinner.



Nursing Notes

By Sr. Mary Faustina, D.O.N.

Greetings from the Nursing Department,

We offer our heartfelt congratulations to Vivian Swopes on her retirement after 31 years of dedicated service as a CNA at St. Agnes Home. Vivian was most often assigned to the second floor, where she lovingly cared for countless residents over the years. She took the time to truly know each person and their preferences, offering attentive and compassionate care in all she did.

Many of our younger CNAs have shared how amazed they were by her speed and efficiency—she was certainly hard to keep up with! Even more remarkable was her reliability; in 31 years, it was very rare for her to call off or arrive late. Vivian's faithfulness and quiet dedication have been a true gift to our Home.

While we will miss her greatly, we are deeply grateful for the many years of loving care she has given. We support her in this well-earned retirement and pray that this new chapter of her life is filled with rest, joy, and many blessings. **Thank you, Vivian!**



We would also like to share information about our upcoming vaccination clinic. The CDC recommends that individuals over the age of 65 receive a COVID booster every six months. As it has now been six months, we will be offering a **COVID booster clinic on May 14th from 9:00 a.m. to 1:00 p.m.**

Additionally, the RSV vaccine is recommended for seniors as a one-time vaccine and will also be available. If you are interested in receiving either the COVID booster or the RSV vaccine, please inform Sr. Mary Faustina or Sr. Mareena.

Looking ahead, we are planning another vaccination clinic in the fall for both COVID and flu vaccines.

The month of March is dedicated to St. Joseph, a powerful saint known by many titles, including the Patron of the Dying. This past March, we experienced the loss of an unusually high number of our dear residents. It seemed that God was calling many Home before Easter.

While we are grateful that they were blessed with peaceful and holy deaths, surrounded by prayer, the protection of St. Joseph, and the Sacraments of Holy Mother Church, we deeply feel their absence. Each one was a cherished member of our St. Agnes Home family, and they are greatly missed.

We extend our prayers and heartfelt sympathy to their families, who are also part of our extended family. Grief is a unique experience—holding both the joy of knowing our loved ones are in the loving embrace of God, and the sorrow of their absence in our daily lives.

Yet, Easter is coming. With Easter comes the hope of the Resurrection—the promise that God will unite us all once again. In this hope, we find our peace. Please know of our continued prayers for each of you. May God bless you in a special way during this holy Easter season.

God bless you all, Sr. Mary Faustina and all the Nursing Staff

April 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
29	30	31	1 7:00 Mass 9:30 Exercise 10:15 ** "Brown in ML 1:15 Rosary 2:15 April Fool Bingo
5 Easter Sunday 9:00 Mass	6 Easter Monday 9:00 Mass	7 NO 7 AM Mass 9:30 Exercise 10:00 Virtual STL Egg Hunt 11:00 Funeral Mass 1:15 Rosary, followed by Perpetual Help Devotions 2:15 Movie - The Dog Who Saved Easter	8 7:00 Mass 9:30 Daycare Egg Hunt ^^ 1:15 Rosary 2:15 Bingo
12 9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	13 7:00 Mass 9:30 Exercise 10:15 Needlework Club 1:15 Rosary 2:15 Pool Noodle Table Hockey	14 7:00 Mass 9:30 Exercise 10:00 Resident Choice of Game 1:15 Rosary, followed by Perpetual Help Devotions 2:15 Movie - The Princess Bride	15 7:00 Mass 9:30 Exercise 10:00 Balloon Volleyball 1:15 Rosary 2:15 Bingo
19 9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	20 7:00 Mass 9:30 Exercise 10:15 Needlework Club 1:15 Rosary 2:15 Bowling	21 7:00 Mass 9:30 Exercise 10:00 Resident Choice of Game 1:15 Rosary, followed by Perpetual Help Dev. - ML 2:15 Movie - The Music Man 6:45 Holy Hour w/ the	22 7:00 Mass 9:30 Exercise 10:00 Lives of Saints 1:15 Rosary 2:15 Bingo
26 9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	27 7:00 Mass 9:30 Exercise 10:15 Needlework Club 1:15 Rosary 2:15 Food Council 3:00 Resident Council	28 7:00 Mass 9:30 Exercise 10:00 Resident Choice of Game 1:15 Rosary, followed by Perpetual Help Devotions 2:15 Movie -	29 7:00 Mass 9:30 Exercise 10:00 Group Crossword Pu 1:15 Rosary 2:15 Bingo

GUIDE.
 CONDITIONS AND CHANGES.

Y	THURSDAY	FRIDAY	SATURDAY
	2	3	4
wn-ies" l's	Holy Thursday 9:30 Exercise 1pm DuoDog Visit - Gloria & Bean 4pm Mass of the Lord's Supper	Good Friday First Friday 11:30 Stations of the Cross 3:00 The Passion of Our Lord No Happy Hour	Holy Saturday First Saturday 10:00 Confessions 8pm Easter Vigil
	9	10	11
Easter	7:00 Mass 9:30 Exercise 10:00 Easter Crafts - Cardmaking 1:15 Rosary 2:15 Sioux City, IA Varsity Choir	7:00 Mass 9:30 Exercise 10:00 Easter Roll & Cover Dice Game 1:15 Rosary 3:00 Happy Hour - Rob C	8:30 Rosary 9:00 Mass 10:30 Bingo w/ the Order of Malta 2:00 Geography Trivia Game 3:30 Duo Dog Visit - Jessica & Rosie room to room
	16	17	18
	7:00 Mass 9:30 Exercise 10:00 Trivia - Roman Catholic-ML 10:15 DuoDog Visit - Gloria & Bean 1:15 Rosary 2:15 Dominos in ML	7:00 Mass 9:30 Exercise 10:00 How Food Works 1:15 Rosary 3:00 Happy Hour - Lawrence & Richard	8:30 Rosary 7:00 Mass 10:00 Confession 2:00 Coloring & Music -ML
	23	24	25
the	7:00 Mass 9:30 Exercise 10:00 Book Club 10:30 Library Visit 1:15 Rosary 2:15 Ice Cream Social	7:00 Mass 9:30 Exercise 10:00 Virtual Vacation - Rick Steve goes to Vienna 1:15 Rosary 3:00 Happy Hour - Amanda S.	9:00 Mass 3:30 Duo Dog Visit - Susan & Tucker room to room
	30	1	2
uzzle	7:00 Mass 9:30 Exercise 10:00 Flower Crafts 1:15 Rosary 2:15 Axe Throwing Game 3:00 DuoDog Visit - Gloria & Bean		

Mass Intentions for April 2026
St. Agnes Home Chapel

1. Archbishop Mitchell Rozanski
2. **Holy Thursday:** For the sanctification of all priests
3. **Good Friday**
4. **Easter Vigil:** For the intentions of the Carmelite Sisters (Requested by Jan and Don)
5. **Easter Sunday:** For the intentions of residents, children, families, and staff of St. Agnes Home and Carmelite Child Development Center
6. Joe Kochanski – RIP (Requested by Carol)
7. Sr. M. Angela Therese of the Holy Family – RIP
8. Sr. M. Longina – RIP (Requested by Peter)
9. *For Archbishop Carlson's Intentions*
10. Sr. Mary Joseph – RIP (Requested by Peter)
11. Msgr. James Pieper – RIP
12. **Divine Mercy Sunday:** For the intentions of Mother Karla Marija and the General Council and Sr. Anna Maria and the Provincial Council
13. Paul Ring, Jr. – RIP (Requested by John and Mary Jane)
14. Charles Loos – RIP (Requested by Kevin)
15. Sr. Mariana Joy (Requested by Jan and Don)
16. *For Archbishop Carlson's Intentions*
17. For the Sucher/Leonard Family (Requested by Mike and Jackie)
18. For employees with birthdays this month: Sr. Mary, Jacy, Renee, Tamia, Beatriz, Sasha, Rhea, MariJo, Jasmine, Hawa, Amanda, Kati, Cal, Dijana, Mario, Peggy
19. **3rd Sunday of Easter:** For our living and deceased benefactors
20. For the canonization of Bl. Maria Teresa of St. Joseph
21. Mary Frey – RIP (Requested by Ray and Pat)
22. Ed Metzger – RIP (Requested by Jan and Don)
23. *For Archbishop Carlson's Intentions*
24. Helen Neely – RIP
25. For an increase in vocations to the priesthood and religious life
26. **4th Sunday of Easter:** For children and residents with birthdays this month: Charles, Alfred, Hildred, Barbara, Adeline, Valann
27. Fr. Vincent Kim – RIP (Requested by Kim)
28. Mary Albers – RIP (Requested by Ray and Pat)
29. Joseph Zickel – RIP (Requested by Anne)
30. Gene Gahn – RIP (Requested by Jan and Don)

Suggested Mass stipend is \$10.00.

Please note that every attempt is made to honor mass intentions for specific dates or months. However, due to the number of requests, this is not always possible. Thank you for understanding!

Upcoming Retreats



Women's Silent Retreat

Saturday, April 18th
9:30 am - 4:30 pm

An opportunity for women 18 years of age and older to immerse themselves in the Carmelite charism of silence and prayer, the retreat is intended to be a time 'in the desert' alone with the Lord where women can encounter more deeply the one who loves them.



Carmelite Day Saturday, May 9th

8:30 am - 4:30 pm

A day of faith and fun for 6th-11th grade girls with the goal of sparking a desire for holiness within their hearts, introducing them to the Sisters, and encouraging them to pray for their vocation.

Registration opening mid-March! Keep an eye on our website and mark your calendar!

To register for upcoming retreats hosted by the Carmelite Sisters, visit: www.carmelitedcj.org/vocation/retreats-events

St. Agnes Home Liturgical Schedule **NOT THE HOLY WEEK SCHEDULE**

Mass Times

Monday - Friday ~ 7:00 AM
Saturday/Sunday/First Friday ~ 9:00 AM
Special Feast Days & Holidays ~ see
Activity Calendar

Rosary

Saturday 8:30am—before Mass
Monday - Friday ~ 1:15 PM

Fatima Devotions

1st Saturday of the Month ~ 4:30 PM

Perpetual Help Devotions

Tuesdays ~ after 1:15PM Rosary

Adoration

First Friday ~ After 9:00 AM Mass until 4:45
PM Benediction
Sundays ~ 1:00 PM until 4:00 PM
For registration : 15
Vespers &
Benediction
(No Adoration on the Sunday following
First Friday)

Liturgical Schedule subject to change. See
Weekly Activities Sheet.

**Tune in to Channel 6 to watch
Mass and devotions live.**

ST. AGNES HOME RECOGNITION PROGRAMS



Employee of the Month recognizes employees who exemplify what it means to be “warmed by HIS love” and provide exceptional care and service to the Home, the residents and each other. Their daily efforts show that they remember to “See God in all; Serve God in all; and, Love God in all.”

Fatima’s name will be added to the Employee of the Month plaque. She will have a special parking spot on our premises and will receive a gift card prize.
Congratulations, Fatima!



Fatima Ziadi
Nursing Department

TEAMWORK MAKES THE DREAMWORK

Staff, residents and family may utilize Employee of the Month and Teamwork Makes the Dreamwork recognition programs to recognize outstanding efforts by our staff. Ask about submission forms at the front desk.

Receiver's Name: _____

Giver's Name: _____

Receiver's Department: _____

Using any of our **Core Values**, how did this employee show that "Teamwork Makes the Dreamwork?"

Humble: _____

Responsible: _____

Warm: _____

The employee receiving the form should place it in the recognition box near the front desk or the employee breakroom by the timeclock. Three winners will receive \$25 gift cards.

Antoinette H.

Nursing

Being a cheerful worker and doing her job and others

Mario N.

Dietary

Serves others, has things ready for meals with varying choices and is wonderful and caring

Jamie P.

Housekeeping

Always helping co-workers



DID YOU KNOW?

Kirkwood Public Library and St. Agnes Home share a wonderful partnership that brings meaningful benefits to our residents. This collaboration helps make reading more accessible, enjoyable, and convenient for all.

Here are just a few of the perks our residents enjoy:

- Monthly visits from the library, bringing a selection of large-print books to browse and check out
- Assistance with enrolling in Wolfner Library for residents with visual impairments or difficulty holding a book
- Delivery of requested books directly to St. Agnes Home
- No fines for late returns
- Help signing up for a Kirkwood Public Library card, which is required to check out materials
- Coordination of book selections for our Activities Department and resident Book Club

We are truly grateful for this partnership, which helps foster a love of reading and lifelong learning within our community.



Rod F. and Mary Ann K. are voracious readers and value the convenience of the library visits.



RESIDENTS:

Adeline H.	15
Valann T.	19
Hilda C.	28
Barbara Z.	29

Happy Birthday



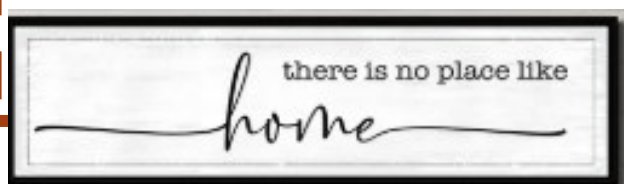
EMPLOYEES:

Renee G.	01
Tamia D.	03
Beatriz B.	04
Sasha G.	05
Rhea K.	07
Jasmine Y.	13
MariJo D.	13
Hawa B.	14
Amanda G.	18
Kati S.	20
Cal M.	21
Dijana M.	22
Mario N.	22
Peggy G.	26



To our newest residents:

Alice T.
Dee Dee M.
Daniel V.



*We express our heartfelt sympathy to the family
and friends of our residents who have passed
away:*

Mary Berney

Loretta Carter

Ann Corkery

Sherry Hengler

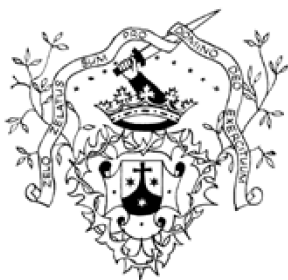
Olga Kreienkamp

Francine Leritz

Fr. Albert Mattler

Carmine McGeehon

*May their souls and the souls of all the faithful
departed, through the mercy of God, rest in
peace. Amen.*



Carmelite Sisters of the Divine Heart of Jesus

St. Agnes Home

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