

St. Agnes Home Monthly Newsletter

AUGUST 2026



ST. AGNES HOME

Carmelite Sisters of the Divine Heart of Jesus

A Message from Sr. Mary Michael,

Provincial Superior

JMJT

Long before the feast of Our Lady of Mt. Carmel was established, the feast the first Carmelites claimed as their own and celebrated with great solemnity was the feast of the Assumption of Mary, which the universal church will celebrate on August 15th.

In my years as a Carmelite, I've come to grow in my appreciation for this feast in which we celebrate our Lady being taken soul and body into heaven. It is such a splendid reminder to us of the glory of heaven that awaits us and Jesus' eagerness to meet us, individually, personally there, in communion with all of the angels and saints.

This reality we Carmelites are blessed to have before our eyes frequently in a very profound way each time we pray at the bedside of those we've come to love at St. Agnes Home as they await the literal moment that our Lady will, indeed, come to take them to the eternal embrace of the Father.

It is truly a privilege to accompany souls to the arms of mercy!

The feast of the Assumption also reminds us to 'set [our] minds on things that are above, not on things that are on earth (Col 3:2). Heaven is our goal, our end! In the midst of life's quick pace, difficult decisions, seasons of struggle...at every moment, we can ask ourselves – 'Am I viewing all things in the light of eternity? Am I living for heaven?' Our lives as consecrated religious are meant to 'speak' this reality. Through our religious vows and our detachment from the world we are not only living as such, but we are meant to remind the whole body of Christ that our home is heaven.

To live this kind of a life is no small choice and, thus, we were overjoyed to welcome a new postulant, Megan Shulfer, into our community on July 26th. Please pray for Megan as she takes this leap of faith and begins to live as a Carmelite Sister of the Divine Heart of Jesus. Please pray for all of our Sisters that we might be authentic eschatological signs!

Greetings from the Administrator!

From time to time, I like to remind everyone about the importance of keeping personal valuables safe. While we are fortunate not to have issues with theft in Home. Items such as credit cards, expensive jewelry, wallets, and sentimental keepsakes can easily be misplaced during daily routines, laundry collection, or room changes. Misplacement causes unnecessary worry, and our goal is always to protect everyone’s peace of mind.

We also want to avoid creating temptation, even unintentionally. When valuable items are visible or left out, it can place stress on both residents and staff. Keeping these belongings with trusted family members is the best way to ensure they remain safe and secure. Residents who prefer to keep certain valuables with them may bring a small personal safe for their room.

Thank you for helping us maintain a comfortable, respectful, and worry-free environment for all.

Wishing you an enjoyable August! Angela Ruppel

NOTES FROM
ADMINISTRATION



THE EVOLUTION OF 100 YEAR OLD
TREE TRIMMING AT
ST. AGNES HOME



Over the past several years, the four mature trees—estimated to be nearly 100 years old—required significant trimming due to large, falling branches. Despite ongoing maintenance, high winds and strong storms continued to bring down sizable limbs, causing damage to outdoor furniture, railings, and other areas of the property. To ensure the continued safety of our residents, staff, Sisters, and visitors, we made the proactive decision to remove the trees.

For nearly a week, the tree removal became the talk of the home! Residents gathered at windows and doorways, watching in amazement as the massive logs floated gently to the ground, almost like feathers, thanks to the skill of the tree removal crew.

One family member even snapped a photo of the tree rings and asked ChatGPT to estimate the tree's age. According to the AI analysis, the trees were approximately 100 years old and were likely planted sometime between 1915 and 1930. The analysis also suggested that the large dark circle visible in the center of one tree stump could indicate the beginning stages of internal decline. After a century of standing watch over St. Agnes Home, that's certainly understandable. While we will miss these beautiful trees, their removal helps ensure a safer environment for everyone who calls St. Agnes Home home.



Nursing Notes

BY SR. MARY FAUSTINA, D.O.N.

Greetings from the Nursing Department,

We hope you are all enjoying your summer and having some time for vacation. With all the rain, it has been a very beautiful summer, with deep green grass and beautiful flowers.

We do have a very important update: Sr. Mareena, our Assistant Director of Nursing (ADON), will be away for a few months. Sr. Mareena is returning to India to visit her family. She left on July 17 and arrived safely. She intends to return on October 19. We pray that she has safe travels and a blessed time with her family.

We will miss Sr. Mareena while she is gone, but we are so happy that she has this opportunity to spend an extended amount of time with her family, which is so important. Since she is so accessible to families, I do want to assure you that we have coverage while she is away. We are rotating nurses to provide extra support. If you need anything and I am not available, please call the nursing cell phone at 314-614-3069.

We also have other staff members coming and going, but thankfully, not for such a long time. I have planned my annual retreat for August 5–12. Of course, that is subject to change.

During August, we will be planning for our annual flu and COVID booster vaccine clinic. The RSV vaccine is also available. The vaccine clinic is scheduled for September 21. Time flies by when one is planning ahead!

During the summer months, we hope you have had the opportunity to stay active. Sometimes, it is the frequent, small exercises that make a difference. The simple activity of getting in and out of the wheelchair three times at mealtimes in the dining room can help. Walking up the stairs makes a difference, too. It is the “little things” that add up to the bigger picture. Enjoy the little things, like taking a walk to the gazebos.

God bless you all! Sr. Mary Faustina and all the nursing staff



A heartfelt thank you to **Dancy Yates**, our summer intern from Houston, Texas. During her time in St. Louis, Dancy assisted in many areas throughout the Home and the Child Development Center, eagerly learning about the many facets of healthcare, business, and senior living as she explores future college and career opportunities. Dancy brought a wonderful enthusiasm and positive energy each day. Her willingness to help wherever needed and her joyful spirit made her a blessing to our residents, children, Sisters, and staff alike. We are grateful for the time she shared with us during June and July.

Mass Intentions for August 2026
St. Agnes Home Chapel

- 1. **First Saturday:** For an increase in vocations to the priesthood and religious life
- 2. **18th Sunday in Ordinary Time:** For the intentions of residents, children, families, and staff of St. Agnes Home and Carmelite Child Development Center
- 3. For employees with birthdays this month: JuliAnna, Jennifer, Tawanda, Milorad, Kathy, Joanne, Batrice, Suzy, Blanca, Jeneal, Ogechi, Eddie, Robin, Tony, Cheryl
- 4. *For Archbishop Carlson's Intentions*
- 5. Jody Dodson (Requested by Christa)
- 6. **The Transfiguration of the Lord:** For the Sisters on retreat
- 7. **First Friday:** For our living and deceased benefactors, and for our deceased residents
- 8. Sr. Mariana Joy
- 9. **19th Sunday in Ordinary Time:** For children and residents with birthdays this month: Pierce, June, Patrick, John, Joey, Jane, Martha, Janey, Anita, James, Marty, Jeanine, Mary, June
- 10. Ann Baron (Requested by Christa)
- 11. Sr. M. Clare (Nameday)
- 12. *For Archbishop Carlson's Intentions*
- 13. Ray Fields – RIP (Requested by Kevin)
- 14. Fr. Albert Mattler – RIP (Requested by Mary Lou)
- 15. **The Assumption:** For the intentions of Mother Karla Marija and the General Council and for Sr. Mary Michael and the Provincial Council
- 16. **20th Sunday in Ordinary Time:** Betty Feld – RIP (Requested by the May Family)
- 17. Ken Fowler – RIP (Requested by Dan, Susan, and Leo)
- 18. Audrey Mehan
- 19. For our living and deceased benefactors
- 20. For the canonization of Bl. Maria Teresa of St. Joseph
- 21. Lorelie Miller – RIP (Requested by Dan, Susan, and Leo)
- 22. Sr. Mary Joseph – RIP (Requested by Peter)
- 23. **21st Sunday in Ordinary Time:** Olga Kreienkamp – RIP
- 24. *For Archbishop Carlson's Intentions*
- 25. For an increase in vocations to the priesthood and religious life
- 26. Jean Turner (Requested by Crista)
- 27. Martina Stein – RIP (Requested by Ray and Pat)
- 28. Sr. M. Grace Augustine (Nameday)
- 29. Agnes Brinker – RIP (Requested by Ray and Pat)
- 30. **22nd Sunday in Ordinary Time:** Barbara McCarthy – RIP (Requested by Richard)
- 31. Louis Hoover – RIP (Requested by Dan, Susan, and Leo)

Mass Intentions for August 2026
Msgr. Jovanovic

- 4. Fr. Vincent Kim – RIP (Requested by Kim)
- 6. Paul Ring, Jr. – RIP (Requested by John and Mary Jane)
- 11. Sherry Henzler – RIP (Requested by Rod and Janey)
- 13. Joe Leritz – RIP (Requested by Mary Lou)
- 18. Fr. Vincent Kim – RIP (Requested by Kim)
- 20. Audrey Flavin – RIP (Requested by Mary Lou)
- 25. Francine Leritz – RIP (Requested by Mary Lou)
- 27. Lori Carter – RIP (Requested by Mary Lou)

Suggested Mass stipend is \$10.00.

Please note that every attempt is made to honor mass intentions for specific dates or months. However, due to the number of requests, this is not always possible. Thank you for understanding!

St. Agnes Home Liturgical Schedule

Mass Times Monday - Friday ~ 7:00 AM Saturday/Sunday/First Friday ~ 9:00 AM Special Feast Days and Holidays ~ see Activity Calendar	Rosary Monday - Friday ~ 1:15 PM Saturday ~ 8:30 AM before Mass	Fatima Devotions First Saturday of the Month ~ 4:30 PM
Perpetual Help Devotions Tuesdays ~ after 1:15 PM Rosary	Adoration First Friday ~ After 9:00 AM Mass until 4:45 PM Benediction Sundays ~ 1:00 PM until 4:15 for Vespers and Benediction (No Adoration on the Sunday following First Friday)	Notes Liturgical Schedule subject to change See Weekly Activities Sheet Tune in to Channel 6 to watch Mass and devotions live



CONTACT US

314-965-7616
10341 Manchester Road
Kirkwood, MO 63122

The Style Salon



Treat yourself to a little pampering at the St. Agnes Home Beauty Salon! Our talented stylists—Alberta, Ann, Jean, and Cindy—look forward to getting to know you while providing haircuts, coloring, styling, and other hair care services. Manicures are also available.

Typical Salon Hours:

Wednesday–Friday: 9:00 a.m. – 3:00 p.m.

To schedule an appointment, simply stop by the salon or contact the front desk.

The Beauty Salon is conveniently located on the lower level near the Social Hall, just off the elevator in the Memorial Wing.

Lost & Found "Shopping Day" – Tuesday, August 4

Have you been missing something? On Tuesday, August 4, items from the Lost & Found will be displayed in the Social Hall for residents to reclaim—or even do a little "shopping!" Items will include unlabeled clothing items from laundry, as well as personal belongings that have been misplaced or found throughout St. Agnes Home. If you think you may have lost an item, or you're simply curious to see what's available, stop by the Social Hall beginning at 10:00 a.m.

Families and Residents: *If you believe you are missing a clothing item, or if you recently brought in new clothing that was not labeled by Housekeeping, please contact Dijana Miskovic before August 4.* Our goal is to reunite every item with its rightful owner before making any unclaimed items available.

A Friendly Reminder: If you are bringing in new clothing or other personal items that will be laundered by St. Agnes Home, please leave the items at the front desk with a note requesting that they be labeled. Please do not leave unlabeled items in the resident's room, as they may become misplaced before they can be properly identified. Taking this extra step helps us ensure that clothing and personal belongings are returned to the correct resident. Thank you for your cooperation!



We are immensely grateful to Cor Jesu Academy, Villa Duchesne, and Nerinx for their generous support and the joy they bring to our residents. It's truly commendable for these high school students to dedicate part of their summer vacation to volunteer, and our residents absolutely cherish the time spent with them!



DISCUSSION
ON AGING
FOR
RESIDENTS &
FAMILIES

Starting on August 26th at 6:30 PM, James in Social Services will be leading monthly presentations on various facets of aging. *They will be held the last Wednesday of each month.* These sessions will explore both popular and less-discussed perspectives on aging and their effects on the medical and emotional well-being of our residents. Topics will cover the components of the aging process, coping strategies, common questions about aging, and efforts to destigmatize aging in general. The presentations are open to residents and their families, aiming to foster a healthy and open discussion about aging.

AUGUST 26
6:30-7:30 P.M.
SOCIAL HALL

Welcome Megan
Shulfer

The Carmelite Sisters of the Divine Heart of Jesus and the St. Agnes Home community are delighted to welcome **Megan Shulfer as a Postulant** with the Sisters. You may see Megan throughout the Home, and we invite you to introduce yourself and keep her in your prayers as she begins this beautiful journey of discernment.

Before entering postulancy, Megan served others in many meaningful ways. She worked at L'Arche, a community where adults with and without intellectual and developmental disabilities share life together. As a caregiver, she assisted Core Members with daily living activities, accompanied them on community outings, and, most importantly, built lasting relationships with the people she served. She also spent the past year as a nanny and worked as a second-grade classroom aide at St. John Paul II Catholic School.

Megan felt called to the Carmelite Sisters of the Divine Heart of Jesus because she was drawn to their love for others and their spiritual motherhood. She was especially inspired by how the Sisters' service flows from a deep intimacy with Jesus—a way of life she now hopes to embrace herself.

Many of you may already recognize Megan. Since November 2023, she has generously volunteered at St. Agnes Home by leading the Rosary, assisting with activities, and visiting with residents. During that time, she came to love getting to know our residents and spending time with many of you.

So, what is a Postulant? Postulancy is the first formal stage of religious life and typically lasts one to two years. During this time, a woman lives with the religious community, learns about convent life, grows in prayer, and continues discerning God's call for her life. It is a time of learning, listening, and discovering where the Lord is leading.

When she's not serving others, Megan enjoys a variety of creative hobbies. She loves sewing, knitting, and crocheting, and she plays several musical instruments, including the flute, guitar, and ukulele.

We are blessed to have Megan as part of our St. Agnes Home family and look forward to accompanying her on this special journey. Please join us in warmly welcoming her and keeping her in prayer as she seeks to follow God's will.



No Book Club in August! See
Activities for the September book.

Activities



When Happy Hour pivots to **Prize Auction Happy Hour**, serenaded by piano music...it IS a happy **Friday!** It was a fun way to change things up a bit and send residents and family home happy winners!

Angela brings her game face as she plays the resident's favorite game. with them...Rummikub



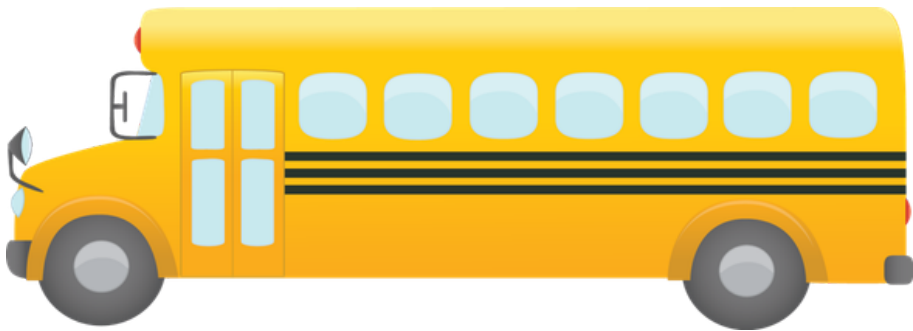
Some Saturdays move at a Disco Snail's pace!



Upcoming Bus Trips

- AUGUST 6: SCENIC RIDE TO FOREST PARK
- AUGUST 20: CHURCH OUTING
- AUGUST 27: LUNCH OUTING

SIGN UP AT THE FRONT DESK THE WEEK OF THE BUS TRIP. LIMITED SEATING IS AVAILABLE.
MORE INFORMATION TO FOLLOW ON THE SPECIFIC OUTING LOCATIONS.



St. Agnes Home Recognition Programs

EMPLOYEE OF THE MONTH

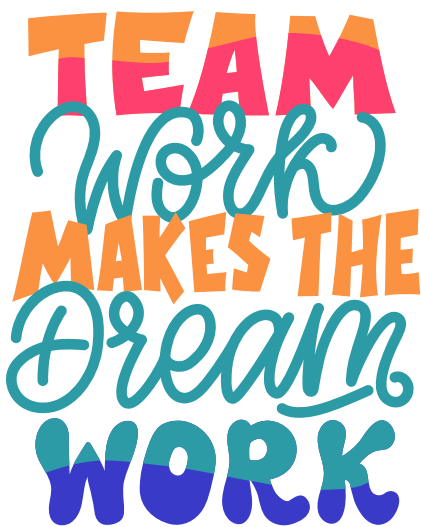
Employee of the Month recognizes employees who exemplify what it means to be “warmed by HIS love” and provide exceptional care and service to the Home, the residents and each other. Their daily efforts show that they remember to “See God in all; Serve God in all; and, Love God in all.”

Suzy’s name will be added to the Employee of the Month plaque. She will have a special parking spot on our premises, and will receive a gift card prize. Congratulations, Suzy!



Suzy Prisock
Nursing Department

If you would like to show your appreciation and nominate an employee who goes above and beyond, ask at the front desk for the *Employee of the Month* or *Teamwork Makes the Dreamwork* forms.



August Winners: Congratulations to the following employees who won \$25 gift cards for showing that Teamwork Makes the Dreamwork:

- **Trent Jones** Housekeeping

Thank you for all efforts setting up and taking down for the Sisters’ party

- **Bryron Nettles** Dietary

He is really genuine and you can tell he cares about our residents

- **Mario Nikolov** Dietary

Thank you for every detail put into the party that made it top of the line

Teamwork Makes the Dreamwork Spot Recognition



Receiver’s Name: _____

Giver’s Name: _____

Department: _____

What did this employee do to show that “Teamwork Makes the Dreamwork?”

After completing this spot recognition form, give the completed form it to the co-worker to reinforce their teamwork behaviors. After reviewing the note, the Receiver should put the form in the recognition box near the front desk for the end-of-the-month drawing.



50's and 60's

POP CULTURE TRIVIA

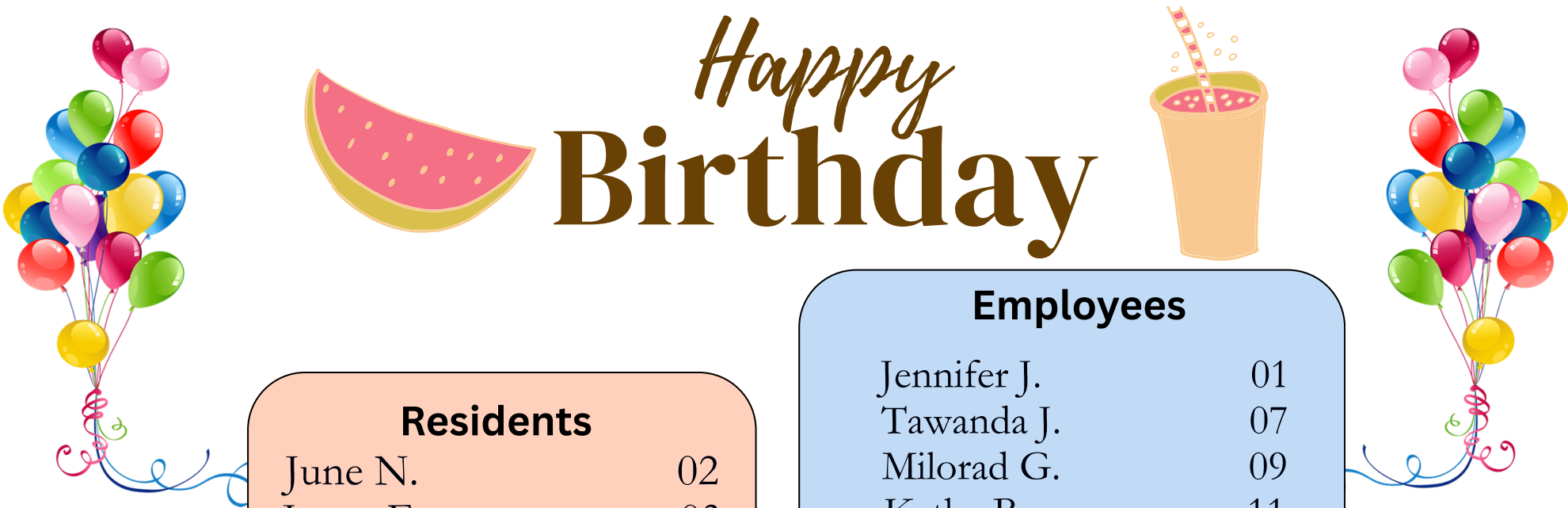
From poodle skirts and jukeboxes to Beatlemania and Woodstock, the 1950s and 1960s were filled with exciting changes and unforgettable trends. This trivia category will take you back to the movies, music, and moments that made these decades so iconic.

1. What year did Elvis Presley make his first appearance on The Ed Sullivan Show?
2. What famous toy was introduced in 1959 and became a cultural icon?
3. Who played the role of Atticus Finch in the 1962 film To Kill a Mockingbird?
4. What television show introduced the phrase, "To the moon, Alice!"?
5. Who was the first African-American to win an Academy Award in 1964?
6. What iconic hairstyle became popular in the 1960s, often associated with the band The Beatles?



Trivia Answers:

1. 1956, 2. Barbie Doll, 3. Gregory Peck, 4. The Honeymooners, 5. Sidney Poitier, 6. The Mop Top



Residents	
June N.	02
Janey F.	03
Jim A.	05
Martha D.	06
Mary G.	12
Anita N.	12
Jeanine B.	13
Jane K.	21
Marty M.	23

Employees	
Jennifer J.	01
Tawanda J.	07
Milorad G.	09
Kathy B.	11
Joanne G.	12
Batrice D.	15
Suzie P.	17
Blanco G.	20
Jeneal J.	22
Ogechi A.	25
Eddie S.	26
Robin B.	27
Tony M.	28
Sherry G.	30

Resident Information



Welcome Home to
our newest
residents:

Lawrence R.
Bernard T.
Margaret S.

We express our
heartfelt sympathy to
the family and friends
of our residents who
have passed away:

Ann Dosenbach
Mary Halliday

May their souls and the
souls of all the faithful
departed, through the
mercy of God, rest in
peace.



CARMELITE SISTERS OF THE DIVINE HEART OF JESUS

St. Agnes Home
10341 Manchester Rd.
Kirkwood, MO 63122
(314) 965 - 7616
www.stagneshome.com

August 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
						First Saturday 8:30 Chaplet of Divine Mercy 9:00 First Saturday Mass, followed by Confession 4:30 Fatima Devotions
2	3	4	5	6	7	8
9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	7:00 Mass 9:30 Exercise 10:15 Needlework Club 1:15 Rosary 2:15 National Watermelon Day	7:00 Mass 9:30 Exercise 10:00 Lost & Found Clothing Event 1:15 Rosary followed by Perpetual Help 2:15 Movie - The Song of Bernadette	7:00 Mass 9:30 Exercise 10:00 Parachute Game 1:15 Rosary 2:15 Bingo	7:00 Mass 9:30 Exercise 10:00 Boggle & Uno Games 1:15 Rosary 2:30 Scenic Bus Ride through Forest Park	First Friday 9:00 First Friday Mass, Followed by Adoration 9:45 Duo Dog Visit - Gloria & Bean 11:00 Rosary 3:00 Happy Hour - Matt D 4:45 Benediction	8:30 Rosary 9:00 Mass 10:30 Bingo w/ the Order of Malta
9	10	11	12	13	14	15
9:00 Mass 10:00 Coffee & Doughnuts	7:00 Mass 9:30 Exercise 10:15 Needlework Club 1:15 Rosary 2:15 Fictionary	7:00 Mass 9:30 Exercise 10:00 Bible Study - Who is Jesus? 1:15 Rosary followed by Perpetual Help 2:15 Rock Painting	7:00 Mass 9:30 Exercise 10:00 Milk & Cookies 1:15 Rosary 2:15 Bingo	7:00 Mass 9:30 Exercise 10:00 Hangman Game 1:15 Rosary 2:30 Movie -	7:00 Mass 9:30 Exercise 10:00 Rummikub 1:15 Rosary 3:00 Happy Hour - Mark R	Assumption of the Blessed Virgin Mary 8:30 Rosary 9:00 Mass, followed by Confession
16	17	18	19	20	21	22
9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	7:00 Mass 9:30 Exercise 10:15 Needlework Club 1:15 Rosary 2:15 Celebrating Feast of the Assumption w/ Lara	7:00 Mass 9:30 Exercise 10:00 Bible Study - Who is Jesus? 1:15 Rosary followed by Perpetual Help - ML 2:15 Movie - 6:45 Holy Hour w/ the Sisters	7:00 Mass 9:30 Exercise 10:00 Book Club 1:15 Rosary 2:15 Bingo	7:00 Mass 9:30 Exercise 10:30 Bus Outing - Church Visit 1:15 Rosary 3:30 Flower Arranging	7:00 Mass 9:30 Exercise 10:00 Kings in the Corner 1:15 Rosary 3:00 Happy Hour - Rob C 3:15 Duo Dog Visit - Gloria & Bean	8:30 Rosary 9:00 Mass 10:30 Watercolors
23	24	25	26	27	28	29
9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	7:00 Mass 9:30 Exercise 10:15 Needlework Club 1:15 Rosary 2:15 Charades	Feast of St. Louis 7:00 Mass 9:30 Exercise 10:00 Bible Study - Who is Jesus? 1:15 Rosary followed by Perpetual Help 2:15 Food Council 3:00 Resident Council	7:00 Mass 9:30 Exercise 10:30 Library Visit 1:15 Rosary 2:15 Bingo <i>No Book Club</i>	7:00 Mass 9:30 Exercise 10:30 Bus Outing - Lunch 1:15 Rosary 2:15 Manicures & Mimosas	7:00 Mass 9:30 Exercise 10:00 Scrabble 1:15 Rosary 3:00 Happy Hour - Rich T	8:30 Rosary 9:00 Mass 10:30 Cardmaking
30	31		Note: Please use this calendar as a guide only. See weekly activity sheet for changes and additions.			
9:00 Mass 10:00 Coffee & Doughnuts 1:00 Adoration 4:15 Vespers & Benediction	7:00 Mass 9:30 Exercise 10:15 Needlework Club 1:15 Rosary 2:15 Bowling					