



ST. AGNES HOME

Carmelite Sisters of the Divine Heart of Jesus

A Message from Sr. Mary Michael, Provincial Superior

JMJT

September is striking me in a particular way this year as a time of newness and beginnings. As summer wraps up and students of all ages head into a new academic year, it feels like the time to ‘reset’ and begin with a new daily cadence and order. While this opportunity to begin anew is very welcome and stirs the excitement of a new opportunity, I find it’s also an occasion for the contrary – discouragement! If you’re anything like me, you might find yourself thinking - “I was planning to get x, y, and z done over the summer and nada!” or “I was going to put a new daily schedule together and after two weeks I still haven’t accomplished it!” The Lord has been so good and gentle in reminding me recently of the role of discouragement in the spiritual life (which encompasses ALL of our life!), namely, that it’s always to be rejected...with all of our might! I love the quote from St. Josemaria Escriva - “Don’t forget that the saint is not the person who never falls, but rather the one who never fails to get up again, humbly and with a holy stubbornness.” Whether discouragement be threatening due to a matter of sin, a simple character flaw, and a result of circumstances outside of our control, we are always being invited to stay in the gaze of our heavenly Father who is loving and encouraging us at every moment!

It’s seasons like now when it can be helpful to be extra attentive to all of the thoughts taking shape within, to notice where they’re coming from, and to determine which ones to listen to and which ones to reject. Our Catholic tradition has a name for this – discernment of spirits - clearly laid out by St. Ignatius of Loyola. If you’re interested in learning more, I would highly recommend anything recorded or written by Fr. Timothy Gallagher on the topic! May St. Michael, whose feast we will celebrate on Sept. 29th, protect and defend us against all discouragement and snares of the evil one!

A NOTE FROM ADMINISTRATION

A HUGE thank you to all for your incredible patience and understanding this past month when parts of St. Agnes Home were unexpectedly without hot water.

Unfortunately, we faced a major challenge when three of our boilers went out simultaneously and required complete replacements. Our maintenance team worked around the clock, side-by-side with the installation company, to get the new system up and running. We are happy to report that all the new boilers are now fully restored, and everything is completely back to normal!

Thank you to the staff who went above and beyond to minimize the impact on our community. To ensure Residents still received warm showers, staff members assisted Residents in utilizing empty apartments that had working hot water. We also want to give a special shout-out to Cindy, one of our wonderful stylists in the Salon, who kept warm water in a crockpot so that scheduled hair appointments could continue without interruption!

The biggest thank you to our RESIDENTS. Dealing with a hot water shortage for over a week is a major inconvenience and your grace, flexibility, and patience during this time was very much appreciated!!

Happy Fall! Angela Ruppel



Take a Seat and Stay a While!

After much anticipation, both gazebos are now built and in place—ready for you to sit a spell, relax, and enjoy the beautiful outdoors! From the gazebos, you'll have a lovely view of the front of St. Agnes Home and the beautiful flowering crape myrtles that line the front driveway.

The next time you're looking for a quiet place to enjoy a beautiful day with a fellow resident, friends, or family, we invite you to visit one of our new gazebos. They're the perfect spot to relax, visit, and enjoy some fresh air!

The new gazebos and furniture were made possible through our 2025 #iGiveCatholic campaign.

A very sincere thank-you to volunteer John Batterton, who generously gave his time and talents to complete these projects—especially during those H-O-T Summer days! We are so grateful for all of his hard work!

**MONTHLY DISCUSSION
ON AGING
SEPT. 30 @ 6:30 P.M.
TOPIC: COPING
STRATEGIES**



Chaplain's Corner

Archbishop Carlson

There is a wonderful opportunity that many of you may be missing to join the Sisters for prayer on the second, third, and fourth Sundays of each month. On those Sundays, at 4:15 p.m., I invite you to join the Sisters for Evening Prayer and Benediction. The service will conclude in plenty of time for you to make your way to the dining room for Sunday dinner.

Q&A with the Archbishop

I also look forward to spending time with you on September 17 at 10:00 a.m. for a special program for residents. We will have an opportunity to discuss our Catholic faith, and I will be happy to respond to your questions. The program is still being planned, and more information will be available soon.

Finally, if you would like a personal visit from me, please contact me through the Front Desk. I would be happy to spend some time with you.

Archbishop Carlson



3rd Tuesday of the month
6:45 pm in our St. Agnes Home Chapel
10341 Manchester Rd. | Kirkwood, MO 63122



August 18
September 15
October 20
November 17
December 15



Plug-in oil diffusers release chemicals that can irritate the lungs, which is especially dangerous for residents who use oxygen. They also pose a fire hazard because heated oils and electrical components can malfunction or overheat, and oxygen greatly increases flammability. Even small amounts of fragrance oils can trigger headaches, nausea, or breathing difficulties in shared spaces. **Plug-in oil diffusers are prohibited by state regulations, so they are not permitted at St. Agnes Home to ensure the safety of all.**

Activities

I have exciting announcements from the St. Agnes Home Activities Department! I am thrilled to share some wonderful news regarding that team and celebrate the well-deserved advancements of some familiar faces!



Francie Gosser

First, please join me in congratulating **Francie Gosser**, who has been promoted from Activity Assistant to our new Activity Director over the St. Agnes Home Activities Program! I am so excited to see the vibrant creativity and passion she will continue to bring to the department in her new leadership role.

Next, I am equally delighted to announce that **Lara Kemna** has been promoted to Care Center Activity Coordinator. In this role, Lara will focus on bringing a wealth of newly scheduled activities specifically designed for those living in the care center. Our vital one-on-one stimulation sessions will continue to remain a key priority under her coordination, so that everyone receives personal engagement.



Lara Kemna and
resident Jane

Finally, St. Agnes Home is very fortunate that both Francie and Lara will be joined by Kate Dalziel. Kate has been a fantastic asset as an assistant over the past few months, and her energy and dedication make her a perfect fit for this growing team.

Please take a moment to congratulate the Activity Department the next time you see them! Angela Ruppel



St. Agnes Home Hits the Road!

St. Agnes Home bus trips have been hitting the road and exploring destinations around St. Louis! A special thank-you to Milorad, who lovingly and carefully drives our bus and helps make each outing possible.

Residents have been eagerly signing up for these trips and enjoying the opportunity to get out, see new places, and spend time together. In August, two groups took scenic rides through Forest Park, another group visited St. Peter's Church in Kirkwood for a special tour, and our latest adventure took residents to Mike Duffy's for lunch. Walgreens, CVS and Dollar Tree continue to be resident favorites, too!

Our St. Agnes Home bus can accommodate up to four wheelchairs and approximately six additional residents, depending on the staff needed for each trip.

If you are interested in joining a future bus trip, watch the Activities Calendar and sign up at the Front Desk as soon as possible! You can also let a member of the Activities Team know that you would like to be included on future outings. Space is limited, and these popular trips fill up quickly!

Nursing Notes

BY SR. MARY FAUSTINA, D.O.N.

Greetings from the Nursing Department!

During August, we started planning for the annual Flu and COVID booster vaccine clinic. Most families have already been contacted. If you have not been contacted, or if you have changed your mind, please let us know.

The vaccine clinic is scheduled for September 21st, beginning at 8:30 a.m., in the Nursing Conference Room on the first floor of the Memorial Wing. There are no set appointments; it will be a “first come, first served” type of clinic. Our nursing staff will assist residents to the room. For residents in the Care Center, we will go room to room.

The RSV vaccine is also available. We order it from Symbria, and our nurses will administer it. The RSV vaccine is a one-time vaccine; there are no “boosters.” For the COVID vaccine, the CDC recommends that people over 65 or those with compromised immune systems receive a booster every six months.

Living in a community increases the chances of respiratory infections, such as the flu, RSV, and COVID, spreading. We do have practices in place to help prevent the spread of these illnesses. This is why the vaccines are recommended. They are not mandated, but they are recommended.

If a resident receives any vaccines outside of St. Agnes Home, please let us know so we can update the medical records. As always, if you have any questions, please contact me by calling the front desk, emailing me, or stopping by.

I hope you have had a chance to enjoy the new gazebos this summer! Thank you to volunteer John for braving the heat and building these for us.

On a lighter note, I have been asked about the interest in giraffes. One of our residents is very fond of giraffes and suggested that we have a giraffe garden to attract staff and new residents—as wouldn’t everyone want to be where there are giraffes?

So, this resident and I let our imaginations run wild and came up with quite the creative plan. Hence, the giraffe pictures!

Sometimes, we try to think outside the box to attract staff...but that one did not get approval! Instead, God just keeps blessing us with the wonderful residents and staff we already have.

A Blessed year of Study & Faith in Rome!

by Sr. M Angela Therese

Many of you have kindly asked about my time away in Rome, Italy, and I am grateful for the opportunity to share a little about this truly blessed experience.

For nearly a year, I had the privilege of studying theology at the Pontifical University of Saint Thomas Aquinas (Angelicum), completing two semesters of coursework. I lived at the Domus of Our Lady of Guadalupe, a welcoming residence for American sisters studying in Rome.

While my studies were academically enriching, what made this year especially meaningful was living in the very heart of the Church. Each day offered opportunities for prayer, spiritual growth, and visits to Rome's beautiful and historic churches. It was a blessing to attend Mass in St. Peter's Square with the Holy Father presiding and to celebrate Mass beneath St. Peter's Basilica—experiences I will always treasure.

One of the greatest blessings was meeting Pope Leo XIV. Having the opportunity to speak with the Holy Father and later pray the Rosary with him in the Vatican Gardens was an unforgettable gift.

I was also blessed with friendships with sisters from religious communities throughout the United States, as well as American seminarians studying at the Angelicum. Sharing faith, fellowship, and the experience of studying in Rome made the year even more enriching.

Touring the Vatican and visiting countless magnificent churches deepened my appreciation for our Catholic heritage and strengthened my relationship with Christ.

As I return home, I carry with me not only the knowledge gained through my studies, but also countless memories of prayer, friendship, and grace. I am deeply thankful for this opportunity and grateful for your prayers and support throughout this unforgettable journey.



***Note the pure joy
on Sr. Angela
Therese's face!***

Mass Intentions for September 2026
St. Agnes Home Chapel

1. Audrey Mehan
2. Mikel Fields – RIP (Requested by Kevin)
3. Sr. M. Therese
4. **First Friday:** For our living and deceased benefactors, and for our deceased residents
5. **First Saturday:** For an increase in vocations to the priesthood and religious life
6. **23rd Sunday in Ordinary Time:** For children and residents with birthdays this month: Parker, Oliver, Daniel, Virginia, Carol, Audrey, Hermania, Bette, Peggy, Carol
7. For employees with birthdays this month: Dieula, Destiny, Paul, Alice, Caroline, Sienna, Tammy, Susan, Stephenie, Mayly, Angie, Diana, Jossette, Margaret, Nikki, Shirley, Tasha
8. Sr. Mary Michael
9. Barbara Zickel (Requested by Dorothy)
10. Ed Metzger – RIP (Requested by Jan and Don)
11. Fr. Vincent Kim – RIP (Requested by Kim)
12. For the intentions of the Carmelite Sisters DCJ (Requested by Jan and Don)
13. **24th Sunday in Ordinary Time:** For the intentions of residents, children, families, and staff of St. Agnes Home and Carmelite Child Development Center
14. For the intentions of Mother Karla Marija and the General Council and for Sr. Mary Michael and the Provincial Council
15. Sr. Maria Immacolata – RIP
16. Helen Doyle – RIP (Requested by Valann)
17. *For Archbishop Carlson's Intentions*
18. Elizabeth Casey – RIP (Requested by Dan, Susan, and Leo)
19. Sr. M. Angela Therese of the Holy Family – RIP
20. **25th Sunday in Ordinary Time:** Sr. Maria Imelda (Nameday)
21. For the canonization of Bl. Maria Teresa of St. Joseph
22. Thomas Spearing – RIP (Requested by Jack and Julie)
23. *For Archbishop Carlson's Intentions*
24. Sr. Mary Joseph – RIP (Requested by Peter)
25. Gary Weis (Requested by Valann)
26. Catherine Arnold (Requested by Anne)
27. **26th Sunday in Ordinary Time:** Sr. Mary Faustina
28. Ethel Becker – RIP (Requested by Barry)
29. Sr. Mary Michael (Nameday)
30. *For Archbishop Carlson's Intentions*

Mass Intentions for September 2026
Msgr. Jovanovic

19. For our living and deceased benefactors
25. For an increase in vocations to the priesthood and religious life

Suggested Mass stipend is \$10.00.

Please note that every attempt is made to honor mass intentions for specific dates or months. However, due to the number of requests, this is not always possible. Thank you for understanding!



Mark Your Calendar!

St. Agnes Home will once again transform into a festive German Christmas Market (Weihnachtsmarkt)! The Carmelite Sisters invite family, friends and neighbors to join us for a day filled with Christmas cheer.

Enjoy German food, live music, vendors and hourly entertainment throughout the day. And the children will want to be sure to stop by for a special visit from St. Nick!

Come enjoy the food, fellowship and fun as we celebrate the joy and traditions of Christmas together!

We look forward to welcoming you!

St. Agnes Home Liturgical Schedule

Mass Times Monday - Friday ~ 7:00 AM Saturday/Sunday/First Friday ~ 9:00 AM Special Feast Days and Holidays ~ see Activities Calendar	Rosary Monday - Friday ~ 1:15 PM Saturday ~ 8:30 AM before Mass	Fatima Devotions First Saturday of the Month ~ 4:30 PM
Perpetual Help Devotions Tuesdays ~ after 1:15 PM Rosary	Adoration First Friday ~ After 9:00 AM Mass until 4:45 PM Benediction Sundays ~ 1:00 PM until 4:15 for Vespers and Benediction (No Adoration on the Sunday following First Friday)	Notes Liturgical Schedule subject to change See Weekly Activities Sheet Tune in to Channel 6 to watch Mass and devotions live

OKTOBERFEST



FOOD • MUSIC • DANCING A TIMELESS ST. AGNES HOME TRADITION CONTINUES!

Join us for fellowship, dinner, drinks,
German music, and dancing!

Date: Thursday, October 22nd

**Time: 5:30–7:30pm in the St. Agnes Home
Social Hall**

**Due to the popularity of the event and space
restrictions, each resident is limited to only
two guests.**

Cost: \$10 per guest

**Pay in advance at the front desk or night of
event.**

**DEADLINE to RSVP to the Front Desk is:
Monday, October 12th.**

Oktoberfest: One of a Kind Fun at St. Agnes Home!

If you're new to St. Agnes Home since last Oktober, this is one event you won't want to miss! For more than 20 years, the Deutschmeister Brass Band has been making St. Agnes

Home one of their favorite places to play—

and it's easy to see why!

From 5:30–7:30 p.m., the Social Hall will come alive with lively German music, singing and dancing, German food and drink. Each resident may have ONLY two guests. Some family coordination may need to happen to ensure you don't exceed the guest limit. We know you will enjoy an evening that has become a favorite St. Agnes tradition.

It may be tempting to think, "Maybe next year..." But beware! Those who decide to skip Oktoberfest often hear the next day about how much fun everyone had—

and wish they had been there!

Don't let your family be the ones hearing about the fun afterward. Come join us and experience Oktoberfest for yourself!



65th Annual Greentree Festival

Greentree Festival Celebrates America's 250th

September 18–20, 2026

Kirkwood Park

111 S. Geyer Road, Kirkwood, MO 63122

FREE ADMISSION

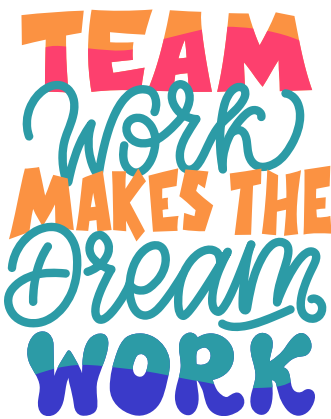
St. Agnes Home and Carmelite Child Development Center hope to see you there. We will be at booth 69 off the main sidewalk.



St. Agnes Home Recognition Programs

EMPLOYEE OF THE MONTH

Employee of the Month recognizes employees who exemplify what it means to be “warmed by HIS love” and provide exceptional care and service to the Home, the residents and each other. Their daily efforts show that they remember to “See God in all; Serve God in all; and, Love God in all.”



September winners:

Congratulations to the following employees who won \$25 gift cards for showing that

Teamwork Makes the Dreamwork:

Tony Marshall

- Housekeeping
- Tony is friendly & hardworking. Gratitude for cleaning the Activities oven!

May Kelahan

- Dining Services
- Your joy & kindness you bring to Care Center dining room.

Hibret Nigusie

- Nursing
- A good person, warm-hearted and smiling all the time!

Employee of the Month

Beth Barnett, Nursing

Beth’s name will be added to the Employee of the Month plaque. She will have a special parking spot on our premises, and she will receive a gift card prize. Congratulations, Beth!

If you would like to show your appreciation and nominate an employee who *continuously* goes above and beyond, ask at the front desk for a nomination form.

Teamwork Makes the Dreamwork Spot Recognition



Receiver’s Name: _____

Giver’s Name: _____

Department: _____

Using any of our **Core Values of Humble, Responsible and/or Warm**, how did this employee show that ‘Teamwork Makes the Dreamwork?’

The employee receiving the form should place it in the recognition box near the front desk or the employee breakroom by the timeclock.
Three winners will receive \$25 gift cards.



Happy Birthday

Residents

Carol U.	Sept. 2
Dan V.	Sept. 2
Carol S.	Sept. 3
Peggy D.	Sept. 10
Bette E.	Sept. 21
Audrey M.	Sept. 23
Virginia K.	Sept. 27

Employees

Dieula D.	Sept. 4
Destiny E.	Sept. 4
Paul O.	Sept. 8
Alice J.	Sept. 12
Caroline M.	Sept. 12
Sienna B.	Sept. 17
Tammy B.	Sept. 19
Susan W.	Sept. 20
Stephenie K.	Sept. 22
Mayly C.	Sept. 22
Angie S.	Sept. 24
Diana F.	Sept. 25
Jossette M.	Sept. 25
Margaret B.	Sept. 26
Nikki B.	Sept. 29
Tasha M.	Sept. 30

Resident Information

Welcome Home to
our newest
residents:

**PEGGIE H.
HERMANIA K.**



We express our heartfelt
sympathy to the family
and friends of our
residents who have
passed away:

**MADLYN WELSCH
HERMANIA KROLL**

May their souls and the
souls of all the faithful
departed, through the
mercy of God, rest in
peace.



CARMELITE SISTERS OF THE DIVINE HEART OF JESUS

St. Agnes Home

10341 Manchester Rd.

Kirkwood, MO 63122

(314) 965 - 7616

www.stagneshome.com

September 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

6 Twenty-Third
Sunday in
Ordinary Time

9:00 Mass
10:00 Coffee & Donuts

13 Twenty-Fourth
Sunday in
Ordinary Time

9:00 Mass
10:00 Coffee & Donuts
1:00 Adoration
4:15 Vespers &
Benediction

20 Twenty-Fifth
Sunday in
Ordinary Time

9:00 Mass
10:00 Coffee & Donuts
1:00 Adoration
4:15 Vespers &
Benediction

27 Twenty-Sixth
Sunday in
Ordinary Time

9:00 Mass
10:00 Coffee & Donuts
1:00 Adoration
4:15 Vespers &
Benediction

7 Labor Day

8:00 Mass
10:30 Needlework Club
1:15 Rosary
2:15 Movie - Mary
Poppins

14 The Exaltation of
the Holy Cross

7:00 Mass
8:30 Exercise
10:15 Needlework Club
1:15 Rosary
2:15 Tabletop Hockey
with DeSmet

21 St. Matthew, Apostle

7:00 Mass
8:30 Exercise
10:15 Needlepoint Club
1:15 Rosary
2:15 Ice Cream Social &
Blitz Game

28

7:00 Mass
8:30 Exercise
10:15 Needlework Club
1:15 Rosary
2:15 Axe Throwing Game

1

7:00 Mass
8:30 Exercise
10:00 Bible Study-Who is Jesus?
1:15 Rosary followed by Perpetual
Help Devotions
2:15 Movie -7 Brides for 7 Brothers

8 The Nativity of the Blessed
Virgin Mary

7:00 Mass
10:00 STL Dance Theatre
1:15 Rosary followed by Perpetual
Help Devotions
2:15 Bible Study-Who is Jesus?

15

7:00 Mass
8:30 Exercise
10:00 Bible Study-Who is Jesus?
1:15 Rosary followed by Perpetual
Help Devotions
2:15 Cooking Demo

22

7:00 Mass
8:30 Exercise
10:00 Bible Study-Who is Jesus?
1:15 Rosary followed by Perpetual
Help (Memorial Lounge)
2:15 Learn about Venerable
Fulton Sheen
6:45 Holy Hour with the Sisters

29 Saints Michael, Gabriel &
Raphael, Archangels

7:00 Mass
8:30 Exercise
10:00 Bible Study-Who is Jesus?
1:15 Rosary followed by Perpetual
Help Devotions
2:15 Food Council
3:00 Resident Council

2

7:00 Mass
8:30 Exercise
10:00 Daycare Visit
10:45 Rummikub
1:15 Rosary
2:15 Bingo

9

7:00 Mass
8:30 Exercise
10:00 MadLibs
1:15 Rosary
2:15 Bingo

16

7:00 Mass
8:30 Exercise
10:00 Daycare Visit
10:45 Kings in the Corner
1:15 Rosary
2:15 Bingo

23

7:00 Mass
8:30 Exercise
10:00 Book Club
10:30 Library Visit
1:15 Rosary
2:15 Bingo

30

7:00 Mass
8:30 Exercise
10:00 Daycare Visit
10:45 Rummikub
1:15 Rosary
2:15 Bingo

3

7:00 Mass
8:30 Exercise
10:30 Scenic Bus Ride to
Creve Coeur Lake
1:15 Rosary
2:00 Sing Along Sisters

10

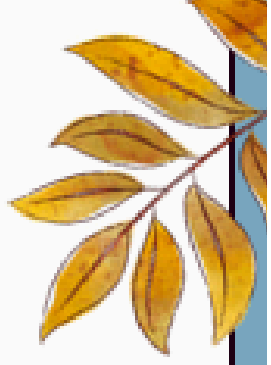
7:00 Mass
8:30 Exercise
10:15 Bus Trip - Shopping
at Walgreens
1:15 Rosary
2:15 Caramel Apple Bites

17

7:00 Mass
8:30 Exercise
10:00 Q&A with
Archbishop Carlson
1:15 Rosary
2:30 Bus Trip - Smoothies &
Scenic Drive around
Kirkwood

24

7:00 Mass
8:30 Bus Outing - Missouri
History Museum
1:15 Rosary
1:55 Viewing the Beatification
Mass of Venerable Fulton
Sheen (Mass at 2:00)



4 First Friday

9:00 First Friday Mass
followed by Adoration
11:00 Rosary
3:00 Happy Hour - Tom T.
4:45 Benediction

10

7:00 Mass
8:30 Exercise
10:00 Games-Sorry & Connect 4
1:15 Rosary
3:00 Happy Hour - Lauren A.

18

7:00 Mass
8:30 Exercise
10:00 Scrabble
1:15 Rosary
3:00 Happy Hour - Gene T.

25

7:00 Mass
8:30 Exercise
10:00 Coffee, Cocoa and More
1:15 Rosary
3:00 Happy Hour - Cherry &
Jerry

This month is dedicated to
Our Lady of Sorrows.

The Virtue this month is
Obedience/Faithfulness -
submitting to God's will and
staying true.

5 First Saturday

8:30 Chaplet of
Divine Mercy
9:00 First Saturday Mass
followed by Confessions
4:30 Fatima Devotions

12

8:30 Rosary
9:00 Mass
10:30 Bingo with the Order
of Malta.

19

8:30 Rosary
9:00 Mass, followed by
Confessions

26

8:30 Rosary
9:00 Mass
10:30 Fall Craft

