



ST. AGNES HOME

Carmelite Sisters of the Divine Heart of Jesus

A message from *Sr. Mary Michael*, Provincial Superior

JMJT

Fall has always been my favorite time of the year with its beautiful changing of the leaves and the crisp fall air. Once upon a time, it also meant homecoming time and Friday night football games!



As a Carmelite, I discovered new reasons to love fall, and particularly the month of October, for this month brings with it the feasts of our Carmelite giants St. Therese of Lisieux (Oct. 1st) and St. Teresa of Avila (Oct. 15th). Bl. Maria Teresa of St. Joseph, our foundress who is so dear to our Carmelite hearts, also found her way into the liturgical calendar on Oct. 30th, the day she, the daughter of a Lutheran pastor, found her way into the Catholic Church. We Sisters look forward to sharing each of these feastdays with you, our dear residents!

In preparation for the feastday of our Foundress, Bl. Maria Teresa, we will be praying a novena to her which will begin on Oct. 21st after Mass. If you are not able to attend in the chapel, I encourage you to pick up a copy of the novena and pray along with us. As you reside in one of her homes and are cared for by her daughters, YOU hold a special place in her heart! As she herself said, “Yes, to be able to dry tears, to heal wounds of souls from the heights of heaven—that is my most ardent desire!” She desires to hear our pleas, YOUR petitions, and to intercede before the throne of God for you! St. Teresa of Avila, St. Therese of Lisieux, & Bl. Maria Teresa of St. Joseph, pray for us!



3rd Tuesday of the month
6:45 pm in our St. Agnes Home Chapel
10341 Manchester Rd. | Kirkwood, MO 63122



October 20
November 17
December 15



The Carmelite Sisters celebrating
the Blessed Fulton Sheen at the
Dome in St. Louis





Angela Ruppel
SAH Administrator

A note from the Administrator

Greetings! Happy Fall! 🍁

Fall is officially here, and we have lots of fun planned throughout the month! October is a wonderful time to enjoy the cooler weather, beautiful fall colors, and most importantly, spending time together.

This week, we are excited to celebrate our Employee Fall Festival! Our employees work hard every day caring for and supporting our residents, and we wanted to take some time to celebrate them! We hope the employees enjoy a fun afternoon filled with good food,

games, and some Fall fun. Our staff are such an important part of what makes our Home special, and we are grateful for everything they do each and every day.

Then, on October 22nd, we will be celebrating Oktoberfest with our residents and families! We are looking forward to an evening filled with great food, fun music, and plenty of opportunities to enjoy one another's company. Remember to RSVP and pay for your two guests at the front desk by October. 12. Of course residents do not pay.

October is going to be a busy and exciting month around here! Thank you to our residents, families, and staff for helping make St. Agnes Home such a special place!

MONTHLY DISCUSSION ON AGING

OCT. 30TH
6:30 P.M.

TOPIC:
MENTAL HEALTH

PRESENTED BY JAMES
CASHETT, SOCIAL
SERVICES DIRECTOR



Fall is the perfect season to be outside
enjoying God's beautiful colors!

Chaplain's Corner

a note from

Archbishop Carlson

On Thursday September 24th we celebrated the Beatification of now Blessed Fulton J. Sheen. In one of the magazines for the event our new Blessed is quoted saying: "As we deflate ourselves. God enters. As we empty ourselves God fills us. And it is God's arrival that is the important thing."



At his ordination in 1919, Sheen made two private vows which he kept faithfully for the rest of his life. One was to say Mass every Saturday "in honor of the Blessed Mother to solicit her protection" on his priesthood, and the other was to keep up his customary hour of adoration.

I first came to know about Archbishop Sheen when I was in the 7th and 8th grade. I was a student at Annunciation School in Minneapolis MN, and each week the Associate Pastor would come into our classroom, the day after Archbishop Sheen's television show, and question us on what he taught the evening before. Later as a young priest I met him, in person, at a program in the Archdiocese of St Paul Minneapolis at which he spoke.

Our Holy Father Pope Leo praised Blessed Fulton Sheen we are told as "A beacon of faith, hope and love which shone through his radio and television shows for decades." I recognized this as a very young man, and I am sure the grace of that experience --- fostered by the Associate Pastor in my home parish, and the Catholic Faith of my parents, strengthened me as I discerned a call to the Priesthood.

- Archbishop Emeritus Robert J Carlson



Archbishop Carlson graciously offered to lead a Q&A session with our residents on a Saturday morning in September. They all enjoyed pastries and coffee as Archbishop answered previously submitted questions and new ones that popped up along the way. The residents truly enjoyed his humor, the experience, and the casual environment and conversation with our Chaplain.



FOOD • MUSIC • DANCING

A TIMELESS ST. AGNES HOME TRADITION CONTINUES!

**Join us for fellowship, dinner, drinks,
German music, and dancing!**

Date: Thursday, October 22nd

**Time: 5:30—7:30pm in the St. Agnes Home
Social Hall**

**Due to the popularity of the event and space
restrictions, each resident is limited to only
two guests.**

Cost: \$10 per guest

**Pay in advance at the front desk or night of
event.**

**DEADLINE to RSVP to the Front Desk is:
Monday, October 12th.**

Oktoberfest Registration Is Open!

Join us for one of St. Agnes Home's most beloved traditions on Thursday, October 22, from 5:30-7:30 p.m. Enjoy German food, live music from the Deutschmeister Brass Band, dancing, and fellowship with residents, family, and friends.

Space is limited, and each resident may invite only two guests. Please RSVP and submit payment as soon as possible to help us finalize plans. Registration deadline is October 12.

NEW FAMILIES:

**This is a meal and
extremely fun event you
don't want to miss!**





This is a snippet of an article celebrating Audrey Mahan recently printed in the Rosati-Kain newsletter. Happy 100th Birthday Audrey!

Rosati-Kain Academy Celebrates 100th Birthday of One of Its Alumna

As Audrey Mehan approaches her 100th birthday, her family reflects on her life of faith, service and compassion



ST. LOUIS, Mo. (July 21, 2026) Long before community service became a graduation requirement, Audrey (née Mullen) Mehan was knitting socks for military servicemen with her friend and classmate Becky during her daily bus ride to Rosati-Kain.

Now, as she prepares to celebrate her 100th birthday this September, the Rosati-Kain Class of 1944 graduate looks back on a century defined by the same values she embraced as a teenager: faith, compassion and a lifelong commitment to serving others.



St. Agnes Home will have many varied opportunities for volunteers in the coming months, and we would love and appreciate having you onboard our volunteer team!

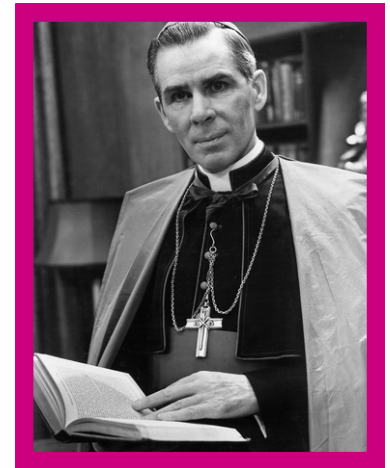
Here are some examples:

- Oktoberfest extra serving hands
- Wreath making for Weihnachtsmarkt~craft day to be held in November
- Weihnachtsmarkt (Christmas Market) on Dec. 5 (many volunteers needed)
- Decorating the Home for Christmas
- Christmas caroling groups
- Resident visiting and card writing
- Contact Joanne at jgiljum@carmelitedcj.org or 314-965-7616.



Mary Katherine Lux, a Clayton High School student, founded the With Love Club with three close friends after being inspired by a homily at Mary Queen of Peace. The club creates handmade letters and artwork for people in hospitals, senior homes, shelters, and other places where a little extra love is needed. Their mission is to spread joy, hope, and light. We are grateful to partner with the With Love Club as they share their heartfelt creations with our residents. We hope each note and piece of art brings a smile, lifts a spirit, and brightens someone's day.

Celebrating Fulton Sheen at St. Agnes Home



God's Call for Sr. Maria Josefa

"For myself, I saw others who were responding to God's call to the priesthood and religious life. So seeing others in this parish family responding to (God's) call made it something that wasn't so far off and distant."

— Sister Maria Josefa, Carmelite Sister of the Divine Heart of Jesus who grew up in St. Clement of Rome Parish in Des Peres



St. Agnes Home joined in the joy surrounding the Beatification of Archbishop Fulton J. Sheen with several special activities for our residents.

The day before the Beatification, residents gathered to watch *Servant of All*, a movie about Fulton Sheen's life and ministry. On the day of the Beatification, residents watched the celebration live-streamed in the Social Hall, participating in the World Rosary, listening to speakers, and watching the Beatification Mass.

There was also plenty of fun! Twenty hidden Fulton Sheens were placed throughout the Home, and residents enjoyed searching for them, with a goody bag prize for each one found. Our Activities Team also framed quotes and interesting facts about Fulton Sheen and displayed them throughout the Home.

While we couldn't be at the Dome in person like our Carmelite Sisters, we brought the celebration to St. Agnes Home and shared in this beautiful and historic occasion together!

As featured in the *Catholic St. Louis Magazine*

Mass Intentions

St. Agnes Home Chapel

- | | | |
|-----|--|--------------------------|
| 1. | Sr. M. Rose Therese, Sr. M. Angela Therese, and Sr. M. Therese | Nameday |
| 2. | First Friday
For our living and deceased benefactors, and for our deceased residents | |
| 3. | First Saturday
For an increase in vocations to the priesthood and religious life | |
| 4. | 27th Sunday in Ordinary Time
Jean Weissenborn – RIP | |
| 5. | Sr. Mary Faustina | Nameday |
| 6. | <i>For Archbishop Carlson's Intentions</i> | |
| 7. | For the intentions of Mother Karla Marija and the General Council and for Sr. Mary Michael and the Provincial Council | |
| 8. | Audrey Mehan | |
| 9. | Ethel Becker – RIP | Requested by Barry |
| 10. | Minerva Devereux – RIP | Requested by Ray and Pat |
| 11. | 28th Sunday in Ordinary Time
For children and residents with birthdays this month:
Alana, Madelyn, Rod, Jean, Karen, Peggy, Adele, Margie, Lou | |
| 12. | For employees with birthdays this month:
Alicia, Kate, Naima, Fatima, Latonia, Maurice, Vermajae, Jackie, Lucresha, Sandra, Jeff, Sr. Mareena | |
| 13. | Barbara Ring | Requested by Paul |
| 14. | <i>For Archbishop Carlson's Intentions</i> | |
| 15. | St. Teresa of Jesus
Sr. M. Daiana Teresa and Sr. M. Francis Teresa | Nameday |
| 16. | Ray Fields – RIP | Requested by Kevin |
| 17. | Henry Franc Leclerc | Requested by Betty |
| 18. | 29th Sunday in Ordinary Time
For the intentions of residents, children, families, and staff of St. Agnes Home and Carmelite Child Development Center | |
| 19. | Elizabeth Moehring – RIP | |
| 20. | For the canonization of Bl. Maria Teresa of St. Joseph | |
| 21. | <i>For Archbishop Carlson's Intentions</i> | |
| 22. | Sr. M. John Paul | Nameday |
| 23. | Ann Gahn – RIP | Requested by Jan and Don |
| 24. | Joan Spezia – RIP | Requested by William |
| 25. | 30th Sunday in Ordinary Time
For an increase in vocations to the priesthood and religious life | |
| 26. | Gene England – RIP | Requested by Ray and Pat |
| 27. | Mary Ann Presberg | Requested by Diane |
| 28. | Sr. Maria Consuela, FSGM | |
| 29. | Gene Gahn – RIP | Requested by Jan and Don |
| 30. | Bl. Maria Teresa of St. Joseph | |

Msgr. Jovanovic

- | | | |
|-----|---|----------------|
| 2. | Mother M. Angelina | Nameday |
| 19. | For our living and deceased benefactors | |
| 30. | Sr. Anna Maria | Nameday |

Suggested Mass stipend is \$10.00.

Please note that every attempt is made to honor mass intentions for specific dates or months. However, due to the number of requests, this is not always possible. Thank you for understanding!



Liturgical Schedule

MASS TIMES

Monday - Friday
7:00 AM

Saturday, Sunday, and First Friday
9:00 AM

Special Feast Dsys and Holidays
See Activities Calendar

ROSARY

Monday - Friday
around 1:15 PM

Saturday
around 8:30 AM before Mass

ADORATION

First Friday
after 9:00 AM Mass until 4:45 PM Benediction

Sundays
1:00 until 4:15 PM for Vespers and Benediction

** No Adoration on the Sunday following First Friday **

FATIMA DEVOTIONS

First Saturday of the Month
~ 4:30 PM

- PERPETUAL HELP DEVOTIONS -

Tuesdays
after 1:15 PM Rosary

NOTES

Liturgical Schedule subject to change

See Weekly Activities Sheet for updates

Tune in to Channel 6 to watch Mass and devotions live

Mark Your Calendar!

St. Agnes Home will once again transform into a festive German Christmas Market (Weihnachtsmarkt)! The Carmelite Sisters invite family, friends and neighbors to join us for a day filled with Christmas cheer.

Enjoy German food, live music, vendors and hourly entertainment throughout the day. And the children will want to be sure to stop by for a special visit from St. Nick!

Come enjoy the food, fellowship and fun as we celebrate the joy and traditions of Christmas together!

We look forward to welcoming you!



Activities & the Daycare

Baking Memories Together

Our residents joined our Carmelite kids for a fun morning of making bread from scratch! Each student paired up with one of our residents to mix the ingredients by hand and in a plastic bag. While the bread was rising, our Activities Director, entertained everyone with a fun story about making bread.

Soon, the sweet smell of homemade bread filled St. Agnes Home. What a wonderful experience for our residents and children to share!

The daycare visits St. Agnes Home every other week, giving our "grandmas and grandpas" and the children a special opportunity to spend time together, make memories, and enjoy each other's company.



BALLOON FUN FOR ALL GENERATIONS!



St. Agnes Home Recognition Programs

EMPLOYEE OF THE MONTH

Employee of the Month recognizes employees who exemplify what it means to be “warmed by HIS love” and provide exceptional care and service to the Home, the residents and each other.

Their daily efforts show that they remember to “See God in all; Serve God in all; and, Love God in all.”

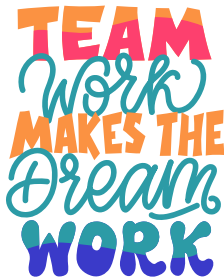


Employee of the Month

May Kelahan, Dietary

May’s name will be added to the Employee of the Month plaque. She will have a special parking spot on our premises, and she will receive a gift card prize. Congratulations, May!

If you would like to show your appreciation and nominate an employee who *continuously* goes above and beyond, ask at the front desk for a nomination form.



October winners: Congratulations to the following employees who won \$25 gift cards for showing that **Teamwork Makes the Dreamwork:**

Tawanda Jordan

- Nursing
 - Anticipates residents’ needs and assists with gladness

Jessica Hutson

- Nursing
 - Hardworking, attentive & patient with residents

Berouth Alexis

- Dining Services
 - Hardworking and fills in when additional staff is needed

Teamwork Makes the Dreamwork Spot Recognition



Receiver’s Name: _____

Giver’s Name: _____

Department: _____

Using any of our **Core Values of Humble, Responsible and/or Warm**, how did this employee show that ‘Teamwork Makes the Dreamwork?’

*The employee receiving the form should place it in the recognition box near the front desk or the employee breakroom by the timeclock.
Three winners will receive \$25 gift cards.*



Happy Birthday

Residents

Rod F.	Oct. 3
Lou S.	Oct. 5
Peggie H.	Oct. 5
Margaret S.	Oct. 9
Adele O.	Oct. 20
Karen B.	Oct. 22
Jean J.	Oct. 29

Employees

Kate D.	Oct. 3
Naima L.	Oct. 5
Fatima Z.	Oct. 7
Latonia H.	Oct. 7
Maurice S.	Oct. 9
VerMajae S.	Oct. 10
Jackie C.	Oct. 22
LuCresha L.	Oct. 23
Sandra G.	Oct. 25
Jeff S.	Oct. 29

Resident Information

Welcome Home to
our newest
residents:

CATHERINE D.
PATRICIA G.
MADONNA O.



We express our heartfelt
sympathy to the family and
friends of our residents
who have passed away:

JAMES ANDREW
CATHERINE DOERRER
BETTE EBERLE
MIKE LAWDER
BERNARD TURNEY

May their souls and the
souls of all the faithful
departed, through the
mercy of God, rest in
peace.



CARMELITE SISTERS OF THE DIVINE HEART OF JESUS

St. Agnes Home
10341 Manchester Rd.
Kirkwood, MO 63122
(314) 965 - 7616
www.stagneshome.com

OCTOBER

2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

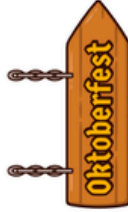
NOTE: Please use this calendar as a guide only. See the weekly activity sheet for changes and additions. Thank you!

4 Twenty-Seventh Sunday in Ordinary Time

9:00 Mass
10:00 Coffee & Donuts

5

7:00 Mass
9:30 Exercise
10:15 Needlework Club
1:15 Rosary
2:15 Bowling with Desmet



6

7:00 Mass
9:30 Exercise
10:15 Bible Study - Who is Jesus?
1:15 Rosary followed by Perpetual Help Devotions
2:15 Soul on Fire Movie

11 Twenty-Eighth Sunday in Ordinary Time

9:00 Mass
10:00 Coffee & Donuts
1:00 Adoration
4:15 Vespers and Benediction

12

7:00 Mass
9:30 Exercise
10:15 Needlework Club
1:15 Rosary
2:15 Pictionary with Desmet

13

7:00 Mass
9:30 Exercise
10:15 Bible Study - Who is Jesus?
1:15 Rosary followed by Perpetual Help Devotions
2:15 Movie - Our Lady of Fatima

18 Twenty-Ninth Sunday in Ordinary Time

9:00 Mass
10:00 Coffee & Donuts
1:00 Adoration
4:15 Vespers and Benediction

19

7:00 Mass
9:30 Exercise
10:15 Needlework Club
1:15 Rosary
2:15 Cooking Demo -

20

7:00 Mass
9:30 Exercise
10:15 Movie - Sound of Music
SING A LONG! (Part One)
1:15 Rosary followed by Perpetual Help Devotions (Memorial L.)
2:15 Sound of Music (Part Two)
6:45 Holy Hour with the Sisters

25 Thirtieth Sunday in Ordinary Time

9:00 Mass
10:00 Coffee & Donuts
1:00 Adoration
4:00 Vespers, Novena, and Benediction

26

7:00 Mass & Novena
9:30 Exercise
10:15 Needlework Club
1:15 Rosary
2:15 Tabletop Hockey with Desmet

27

7:00 Mass & Novena
9:30 Exercise
10:15 Bible Study - Who is Jesus?
1:15 Rosary followed by Perpetual Help Devotions
2:15 Food Council
3:00 Resident Council

28 St. Simon and Jude, Apostles

7:00 Mass & Novena
9:30 Exercise
10:00 Book Club
10:30 Library Visit
1:15 Rosary
2:15 Bingo

29

7:00 Mass & Novena
9:00 Daycare Saints Parade
9:45 Bus Trip to Dollar Tree
1:15 Rosary
2:15 Movie - It's the Great Pumpkin Charlie Brown

30

Mass & Novena
Daycare Saints Parade
Bus Trip to Dollar Tree
Rosary
Movie - It's the Great Pumpkin Charlie Brown

31 Mother Maria Teresa of St. Joseph

7:00 Mass
10:15 Celebrate with the Sisters
1:15 Rosary
3:00 Happy Hour - Amanda S.

31

9:00 Mass
7:00 Sisters' Halloween Party in the Solarium
Games, Puzzles, Coloring Books for Adults can be found in the Social Hall.

7 Our Lady of the Rosary

7:00 Mass
9:30 Exercise
10:15 Daycare Visit
1:15 Rosary
2:15 Bingo

8

7:00 Mass
9:15 Bus Trip to Eckert's! for shopping & Lunch
1:15 Rosary
2:15 Pumpkin Craft



1 St. Therese of the Child Jesus

7:00 Mass
12:30-3:00 Employee Fall Festival

2 First Friday - Feast of The Guardian Angels

9:00 First Friday Mass followed by Adoration
11:00 Rosary
3:00 Happy Hour - Matt D.
4:45 Benediction

9

7:00 Mass
9:30 Exercise
10:15 Rummikub
1:15 Rosary
3:00 Happy Hour - Bill L.

3 First Saturday

8:30 Chaplet of Divine Mercy
9:00 First Saturday Mass followed by Confessions.
4:30 Fatima Devotions

10

8:30 Rosary
9:00 Mass
10:30 Bingo with the Order of Malta

16

7:00 Mass
9:30 Exercise
10:15 Fall Craft
1:15 Rosary
3:00 Happy Hour - Michael S.

17

8:30 Rosary
9:00 Mass, followed by Confession

23

7:00 Mass & Novena
9:30 Exercise (ML)
10:15 Kings in the Corner (ML)
1:15 Rosary (Chapel)
NO HAPPY HOUR
ML: Memorial Lounge

24

9:00 Mass & Novena
Games, Puzzles, Coloring Pages for Adults can be found in the Social Hall.

